

Khadka Telefoonka Xaaladda degdega ah

Khadadka telefoonada degdega ahi waa lambaro oo loogu tala galay inay ku caawiyaan adiga iyo qoyskaaga marka xaallad degdeg ahi timaado. Khadadka telefoon ee degdega ah waxa laga helaa heerarka Deegaannada (County) Gobolada iyo dalka oo dhan. Khadadka degdega ah waxaad kal heli kartaa booggaagta telefoonada ee Yellow Pages lambaro aad wici karto xaaladaha degdega ah. Isticmaal lambarka 911 marka xaalddu aad iyo aad u xuntahay oo keliya., sida marka uu qof dhaawacmo ama uu khatar ku sugan yaay ama wax yeello gaarto hantida.

Xaaladda degdega culus ah: 911 (Police, Fire dept., Ambulance)

Xaaladda aan ahayn degdeg culus: 311

AIDS

24-hour CDC National AIDS/HIV hotline:

(800) 342-AIDS

ARIS of SCC County: (408) 293-2747

Isir-Naca (Anti-Hate):

24-hour Anti-Hate/CONTACT hotline:

(408) 279-0111

Ku Tiirsanaanta Kemika (Chemical Dependency):

24-hour Narcotics Anonymous: (408) 998-4200

24-hour Alcoholic Anonymous: (408) 374-8511

24-Saac War gelinta Dhibaataaynta Carruurta

Palo Alto to Sunnyvale: (650) 493-1186

San Jose Area: (408) 299-2071

Gilroy to Morgan Hill: (408) 683-0601

Gargaarka Carruurta

24 hour CONTACT Warm Line: (408) 279-0303

24-7 Youth Hotline: (888) 247-7717

24ka saac khadka carruurta la waayo: (800)

222 FIND

Shaqaqada Guriga (Domestic Violence) :

Community Solutions 24-saac La Isla Pacifica Crisis

Line: (408) 683-4118

24ka saac Community Solutions Crisis Line: (408) 683-4118

24ka saac Next Door Crisis Line- San Jose Area: (408) 279-2962

24ka saac Support Network for Battered Women- Palo Alto, MountainView, Los Altos Women Crisis Line: (800) 572-2782

Family Violence Center: (408) 277-3700

Dhibaataaynta waayeelka (Elder Abuse):

(800)414-2002

Gargaarka dibaatooyinka degdega ah 24ka saac

American Red Cross: (800) 660-4272

Food Connection: (800) 984-3663

Dhibka Naafada 24ka saac: (800) 426-4263

Takoorka guri dejinta Gay/Lesbian/Bisexual:

(408) 293-2429

Daqdida Waalidka

24-hour Community Solutions, Inc: (408) 683-4118

24-hour CONTACT Hotline: (408) 279-8228

Wax ka qabashada sunta iyo sumeyska 24ka

saac. Cotrol 24-hour CA Poison Control Center

Public Hotline: All of California

(800) 876-4766 and TDD: (800) 972-3323

Kufsiiga 24ka saac Community Solutions Crisis

Line: (408) 779-2115

Gabood iyo guri 24ka saac: 800 SHELTER

Daqdiga iyo caafimadka maskaxda

24 hour ACCESS Crisis: (800) 704-0900

Naf-iska-qaadka (Suicide Crisis): 24 hour Hotline

Palo Alto to Mountain View:

(650) 494-8420

Santa Clara County: (408) 279-3312

Morgan Hill to Gilroy: (408) 683-2482

