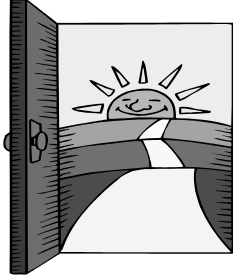


Caafimaadka Maskaxda & Daqdiga



Fayo-qabka maanku macnaheedu waa adigoo dareen wacan ka qaba naftada, dadka kalena deggnaansho kula dhaqma. Qaybta caafimaadka maskaxda (maanka) ee degmada Santa Clara County waxay barnaamij daryeel siisaa ayna maamusha dadka waayen, waayeelka, qoysaska iyo curruurta, kuwaas oo ay ku jiraan kuwa maskax ahaan aad u jiran dhalin iyo waayeelba. Hoos waxa ku xusan su'aalaha badanaa aad qabto.



Waa maxay caafimaadka Maskaxdu?

Caafimaadka maskaxdu, sida caafimaadka jirkaba, waa in la daryeelo si loo hubiyo in nolol caafimaad iyo wax soosaar leh la helo. Tilmaamayasha maskaxda fay-qabta waxa calaamad u ah:

- Kartida in isbedellada lala qabsado.
- Kartida in la fahmo xaaladda dhabta ah si wax tar lehna loo waajaho.
- Kartida in dadka xirriir lala sameysto isla markaana si wax ku ool ah loola dhaqmo dadka.

Muxu yahay daqdiga maskaxdu?

Daqdigu waa xaalad nololeed oo jirta. Hase yeeshe marka uu daqdigu xoog yeesho, taas ayaa keeni karta dhib xagga shaqada iyo gurigaba. Waxyaalaha keeni kara daqdiga waxa ka mid ah:

- Dhib laga soo maray qaxootinimada,
- Fahaman la'aanta luqadda,
- Iska herdiska dhaqamada,
- Kala duwanaa da'daha,
- Dhibaatooyinka qoysaska iyo guurka hilowga,
- Kalinimada (cidlada) ,
- Faqriga (baahida),
- Shaqo la'aanta iyo
- Xirfad beddelka.

Calaamadaha daqdiga maskaxda waxa ka mid ah cuntada oo la cuni waayo iyo hurdada oo la seexan waayo. Dareen daal xad dheef ah, ka fiirsiga oo dhib kugu noqda, cadho xad dhaaf ah, shaki, cabasho jirka ah oo raad la taaban karo aan lahayn, dareen ciirsi la'aaneed iyo rajo la'aan, walaac xad dhaaf ah, ismoodsiiis iyo khayaal, ku tegis isticmaalka maandooriyeyaasha iyo alkolada, fikir ah isdil ama wax dil.

Maxay kuu qaban kartaa Santa Clara County?

Barnaamijyo kula duwan oo loogu tala galay bukaan socotada iyo daryeel la siiyo dadka ku jira goobaha caafimaad. Baaritaan xaddidan ayaa isna jira, iyo in loo diri dadka goobaha kale ee daryeelka bixiya, ayadoo la adeegsanayo xarun Telefoon (Call center) oo furan 24ka saac 7da maalmood. Xarunta waxa kale oo ay si iskaaya uga shaqeysaa khad furan arrimaha dhiaatooyinka leh iyo baabaadinta qofka is dili raba. Khad xaruntu lambarkiisu waa 1-800-704-0900, afafka Spanish, Vietnamese iyo English.



Ma rabta war dheeri ah? Ka la xiriir xafiiska SIREN's ee ka caawiya socotada xagga macluumaadka , weydii wixii war cusub ama barnaamijyada jira, khadkoodu telefon wuxu furan yahay Is-Ji 10am - 4pm, luqado kala duwanna way ku hadlaan. Sida:
Spanish- (408) 286-1698 Vietnamese- (408) 286-1448 Farsi- (408) 286-5680 x108 Chinese- (408) 286-5680 x109

Caafimaadka Maskaxda & Daqdiga

Santa Clara County waxau bixisa, adeegyo taageero iyo barnaamijyo adiga iyo qoyskaaga ka caawiya caafimaaka jirka iyo maskadaba

Adeegyada kale ee aad ka heli karto waa baaritaan iyo qiimayn , psychiatric evaluation, psychotherapy, maareynta xaaladda, talo bixin qof ama koox, waayo siin arrimaha guurka iyo qoyska. Dhexdhexaadinta dhalinta iyo dadka waaweyn, kormeerka daawo qaadashada, ka hortagga dhibaatooyinka, talo bixinta caafimaadka maskaxda, waci gelin cudurka maskaxda, geriatric services (seniors), u diris, iyo psychiatric hospitalization.

Maxa daryeel caafimaad maskaxda ah la siiyo da' yarta?

Adeegyo loogu tala galay oo u qaabaysan kuwa Degmada iyo iyo Kontrak ah la siiyo carruurta iyo da'yarta aad u caadifiga ah. Adeegyadaas oo isku jira "mobile crisis, outpatient, day treatment, residential, intensive in-home and comprehensive services."

Sideen u bixin karaa kharashka daaweynta Maskaxda?

Qiimuhu waxuu ku xiran yahay haddba sida dakhligaagu yahay. Nooc caymis ee aad ku jirtaa haddii ay yihiin Medi-Cal and Medicare waa la aqbalaa.



ACCESS CRISIS LINE
Tel: 1-800-704-0900

Luqadaha: Spanish, Vietnamese, iyo qaar kale
Adeegyada: Wax ka qabadka dhibaatooyinka

ACCESS Program

2221 Enborg Ln, San Jose 95128
Tel: (408) 299-5800

Adeegyada: Baarintaanka hore iyo u diris goobaha kale, qiimeyn kooban **psychiatric**, booqasho goobta ka hortaga dhibaatooyinka, isku-xirka meelaha ku haboon wax ka qabshada carruurta iyo dadka waaweyn ee deggan Santa Clara County, loo ffrin mayo dakhligooda. Waxa laga heli kara wararka goobaha kale ee daaweeya xanuunka maskaxda ee ku yaal deegaanka Santa Clara County.

Achieve

3860 Middlefield T2, Palo Alto 94303
Tel: (650) 329-2375

Adeegyada: Warbixinta carruurta la dhibaateeyo, AID, takoorka, Naafada, Dhibaatooyinka qoyska, Gabood iyo guri la'aanta, kantoolka suntan, Kufsiiga, Naf-iska goyn dhalinta, daqdiga dhalinta, dhaqan celinta kuwa istemaala daroogada iyo alkoholada..

ACT for Mental Health, Inc.

441 Park Avenue, San Jose, CA 95110
Tel: (408) 287-2640

Luqadaha: French

adeegyada: Taakuleynta Dibjirka, talo siin, tababar xirfadeed, naadi saaxiibo isku xira, dukaan tashiil (rakhiis wax ku gada).

AIDS Legal Services

111 E. Saint John Street, Ste. 315 San Jose 95113
Tel: (408)293-3135



Ma rabta war dheeri ah? Ka la xiriir xafiiska SIREN's ee ka caawiya socotada xagga macluumaadka , weydii wixii war cusub ama barnaamijyada jira, khadkoodu telefon wuxu furan yahay Is-Ji 10am - 4pm, luqado kala duwana way ku hadlaan. Sida:
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Caafimaadka Maskaxda & Daqiga

Luqadaha: Spanis, English, Khadka luqadaha AT&T

Adeegyada: Adeeg toos ah oo la siiyo dadka qaba cudurka HIV iyo AIDS.

Mushruuca Fair Housing Law Project: Guryo Rakhiis ah.

Mushruuca LACY: Waxay u doodaay oo ka kaalmeeyaan xagga sharciga carruurta iyo dhalinyarada, tacliin xagga sharciga iyo xeerka ah, xoryenta, ilaalinta, dadka ayaan guryaha haysan iyo dhalinyarta fakadka ah, qabdhaha yaryar ee uurka leh iyo kuwa iyagoo yar waalidka ah. Sharciga oo si lacag la'aan ah looga kaalmeeyo kuwa kar 14 sano.

Mental Health Advocacy Project: Waxay u doodaan in la helo adeegyo daaweynta maskaxda ah.

ARIS of Santa Clara County (AIDS Resources and Information Services)

380 N. 1st St., San Jose 95112

Tel: (408)293-2747

Website: www.aris.org

Luqadaha: Spanish, English, Hindi, Tagalog

Adeegyada: Nafuqeyn iyo guriyeynta, koobist waxyeellada HIV (Aydiska), guryaha lacagta yar loo raadiyo dadka uu naafeeyay Aydiku, ee guriyaha la' ama halista ugu jira inay guri waayaan, qof-qof kale wehel uga dhig, u doodis iyo talo siin dadka dulman.

Shir u sameyn kuwa taageera dadka qaba AIDS/HIV taageero qoysaskoodu iyo saaaxiibadood, taageero haweenka aydiska qaba (Haweenka qaba HIV iyo AIDS, Dhaliyarta (16-25 sano) qabta HIV, waalidkadadka qaba HIV, dadka u buka AIDS iyo kuwa laga helo cudurka HIV, aiyoo dadka ku dhow dadka laga helo cudurka HIV), waxay ku caawiyaan cunto bisil oo nafaqo leh bishiiba hal mar oo la siiyo cunto dadka qaba cudurka HIV AIDS, wacyi gelin sida loo qaado loona tebiyo AIDS yaraynta khatarta AIDSka. Busaska VTA ayaa taga goobahooda.

Alliance for Community Care

San Jose #1: 438 N. White Rd., San Jose 95127

Administration: (408) 254-6828

Clinic Service: (408) 261-7777

Literal House: (408) 998-3293

Outpatient Services: (408) 938-6789

San Jose #2: 2001 The Alameda, San Jose, CA 95126
Tel: (408) 261-7777

Palo Alto: 206 California Avenue, Palo Alto, CA 94306

Tel: (650) 617-8340

Luqadaha: Spanish, Farsi, Cambodian, Vietnamese, Polish, Hindi, French, Tagalog, Mandarin, Russian, Italian, iyo af-garashada calaamadaha Maraykanka.

Adeegyada: daryeel caafimaadka maskaxda dadka waaweyn iyo waayeelka, maareyn qof kasta, qiimeyn psychiatric, qiyaas qof kasta baahidiisa, hantiisa iyo ilahiisa dhaqaale, daawayin iyo kormeer dadka qaato daaweynta psychiatric, u diris qofka iyo qoyskiisa meel lagu gargaaro, ka caawin hawlaha nolol maalmeedka, ka hortagga dhibaatooyinka iyo talo siin. Ku baaqasho kuwa guri-la'aanta ah ee wax u dhiman yihiin, La Selva (daryeel 24 saac guri dhediisyo daryeel dadka xanuunka psychiatric qaba, taasoo loogu bedel aintay isbitaalka muddo wgaaban ku jiri lahayn), maalin daaweyn, guro qayb ahaan la kormeero dadka aan u baahnayn in lagu hayo goob 24n ka saac shaqeele ku ilaaliyo, guriyo joogta u ah dadka waaweyn ee wax u dhiman yihiin, aafada ah, taakuleyn facood, iyo u diris goob lagu daryeelo. support and referral.

Alzheimers Association

330 Distel Circle, Suite A, Los Altos, CA 94022

Tel: (650) 962-8111

Website: www.alzsf.org

Luqadaha: Khadka telefoonka AT&T lagu tarjumo.

Adeegyada: Daryeel toos ah oo la siiyo bukaanka, qoyskiisa, cidda daryeesha; War siin iyo wacyi-gelin xagga caafimaadka ay bixiyaan xirfad leeydu iyo kan dawladda, U doodista sharciyada looga aahan yahay xagga daryeelka heer degmo, gobol iyo qaran intaba. taageerada cilmi baarista iyo daaweynta cudurka Alzheimer's iyowayeelada la xirriirta.



Ma rabta war dheeri ah? Ka la xiriir xafiiska SIREN's ee ka caawiya socotada xagga macluumaadka, weydii wixii war cusub ama barnaamijyada jira, khadkoodu telefon wuxu furan yahay Is-Ji 10am - 4pm, luqado kala duwana way ku hadlaan. Sida:
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Caafimaadka Maskaxda & Daqiga

Asian Americans for Community Involvement

2400 Moorpark Avenue, Suite 300, San Jose, CA 95128

Tel: (408) 975-2730

Luqadaha: Cantonese, Mandarin, Taiwanese, Lao Mien, Tagalog, Ilocano, Spanish, Thai, Vietnamese, Japanese, Korean, Lao

Adeegyada: Bukaani socod eegto cudurka maskaxda, Ka hortagga dagaalada iyo isticmaalka maandoriyaha ee dhalinta, Wadista baabuurta qof ee cabsan . Siin tababaro, gabood kuwa ka badbaada shaqaaqada guriga, maareynta arrimaha waayeelka iyo siinta cunto nafaqo leh, barista af ingriiska ESL iyo casharo la xirriira sida loo noqdo maqwaadin., barnaamijyo qaxootiga ah, ka hortaga shaqaaqooyinka guriga/jid dilka carruurtatreatment, ka hortagga isticmaal iyo ka daaweyn maandoriyaha dadka waaweyn iyo dhalinyarada, shaqo u abuurista dhalin yarada si looga hor joogsada ku biirista kooxaha gangs Goobaha kale Bariga San Jose.

Bascom Mental Health Center

650 S. Bascom Ave., San Jose, CA 95128

Tel: (408) 299-6262 or (408) 971-6932

Luqadaha: Vietnamese, Spanish, Chinese, Tagalog, Portuguese, iyo Cambodian.

Services: Family and children outpatient mental health clinic, assessments, emergency evaluations, individual and family therapy, medication evaluations and medication support services, referrals from Juvenile Probation Department, Family Preservation Services, Acute Psychiatric Hospitals, Child Welfare Services, local physicians, community clinics, and out-stationed services at 16 schools throughout Central and East San Jose and Sunnyvale and 2 community centers in East San Jose, with 12 staff located on these sites).

Billy De Frank Lesbian & Gay Community Center

938 The Alameda, San Jose 95126

Tel: (408)293-3040

Adeegyada: Adeeg la siiyo Dadka waaweyn, ka hortagga cudur AIDS, wacyi gelin xagga kansarka naasaha, waanin, mushruuc dhalin yarta ah, adeeg waayeelka ah, ka hortagga tubaakada (sigaarka).

Catholic Charities of Santa Clara County

2625 Zanker Road, Suite 200, San Jose, CA 95134

Tel: (408) 468-0100 Fax: (408) 944-0275

E-mail: HR@CCSJ.ORG

Website: CCSJ.ORG

Luqadaha Spanish, Vietnamese

Adeegyada: Baaris iyo daaweyn Cudurka Maskaxda iyo isticmaalka maandoriyaha. (*Waa socotaa...*)

Daaweyn qoyska carruurta kaga jirto "Juvenile probation". Qof iyo koox bunaan socod eegto, u diyaarin shaqo dadka waaweyn ee wax u dhiman yihiin., Farsamo baris iyo u diyaarin shaqo dadka waaweyn ee wax u dhiman yihiin.

Central Mental Health Clinic

2221 Enborg Lane, San Jose, CA 95128

Tel: (408) 267-6220

Luqadaha: Mandarin, Cantonese, Bosnian, Russian, Farsi, Korean, iyo Spanish.

Adeegyada: Bukaani socod eegto loogu tala galay dadka waaweyn ee jira 18 sano iyo wixii ka sii weyn, ka hortagga dhibaatada, maareynta shakhsiga, gargaarga caafimaadka maskaxda, iyo maareynta.



Ma rabta war dheeri ah? Ka la xiriir xafiiska SIREN's ee ka caawiya socotada xagga macluumaadka , weydii wixii war cusub ama barnaamijyada jira, khadkoodu telefon wuxu furan yahay Is-Ji 10am - 4pm, luqado kala duwana way ku hadlaan. Sida:
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Caafimaadka Maskaxda & Daqdig

Chamberlain's Mental Health Services

8352 Church Street, Suite A, Gilroy, CA 95020
Tel: (408) 848-6511

Luqadaha: Spanish iyo Portuguese

Adeegyada: Gaadiid siin haddii loo baahdo, goob lagu daaweeyo maalintii carruurta sida aadka ah u khlkhalsan, bukaan socod eegto iyo kilinik lagu daaweeyo. Daryeel ku salaysan dugsiga, adkeynta qoyska iyo daryeel komuunitiga bixiyo, iyo daaweyn dhibanaha iyo goobjoogba: oo ay ka mid yihiin barnaamijyada kala ah Embracing Fatherhood (DADS), Families and Schools Together (FAST), and Youth Exploring Solutions (YES), Barnaamij ka hortaga oo loo fidiyi qoyska loo arko in ubadkoodu dhibaato geysan karaa..

Children's Shelter Mental Health Clinic

4525 Union Avenue, San Jose, CA 95124
Tel: (408) 558-5460

Luqadaha: Spanish, Cambodian iyo Vietnamese

Adeegyada: Diraasad nooco badan oo ku salaysan dhaqanka oo lagu qiimeeyo xanuunka maskaxda, iyo daaweyn ay bixiso Children's Shelter iyo Emergency Satellite Foster Home Carruurta iyo qoyskooda la dejiyo.

Daaweyn, ka hortag dhibaato, daaweyn gaaban oo shakhsi, koox iyo qoysba leh, daaweyn psychotropic qiyaas iyo daaweyn, talo siin, iyo la socod dambe.

Community Association for Rehabilitation (CAR)

525 East Charleston Road, Palo Alto CA 94306-4247
Tel: (650) 494-0550
Website: www.C-A-R.org

Luqadaha: American Sign Language iyo Spanish

Adeegyada: Warar siin iyo udiris goobo kale u diris dadka naafada.. Barnaamijyo loogu tala galay carrurta koorinkoodu dhiman yahay, tababar xirfadeed, iyo barista sida loo hadlo, Talo siinta waalidka iyo gargaar qoyska la siiyo. Casharo tabaasha ah oo la siiyo carrurta af iyo adeynba naafada ka ah, wax barshada iyo dareenkuna dhib ku tyihiin, casharo dabaasha ah oo carruurta ka hor dhalatay sidkooda, taageero carruurta iyo dadka waaweyn ee wax u dhiman yihiin lagu siiyo guryaha. Barnaamijyo maayeelo oo la siiyo carruurta baahida gaarka ah xagga koriinka ka qaba., Tababar iyo talo joogta ah oo lagu siiyo qaabka nolosha caadiga ah.

Community Solutions, Family & Children Mental Health

15850 Concord Circle, Suite B, Morgan Hill, CA 95037
Tel: (408) 779-2113

Luqadaha: Spanish

adeeyada: Barnaamij ka caawiyo carruurta iyo qoysaska xagga caafimaadka maskaxda, siiyo talooyin, carruurta, l dhalin yarta iyo qoysaskooda; bukaan socod eegqof iyo qoysba laga siiyo caafimaadka maskaxda; diiwaan galin iyo daaweyn.



Ma rabta war dheeri ah? Ka la xiriir xafiiska SIREN's ee ka caawiya socotada xagga macluumaadka , weydii wixii war cusub ama barnaamijyada jira, khadkoodu telefon wuxu furan yahay Is-Ji 10am - 4pm, luqado kala duwana way ku hadlaan. Sida:
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Caafimaadka Maskaxda & Daqdiga

Community Solutions

Gilroy: 8475 Forest Street, Gilroy CA, 95020
Tel: (408) 842-7138

Luqadaha: Spanish

Adeegyada: La Casa del Puente waa haya'ad ku shaqeysa laba-llqo iyo dhaqan waxay bixisaa gargaar la xirriira deegaan siin loogu, tababar xirfadeed dadka u baahan taakulin xagga dareenka, bulshada, tacliinta iyo caafimaadka maskaxda, sidii ay ula qaybsan lahayeen bulshada, dhbaatooyinka haystana u xallin lahayeen, isku filaanshona ay u gaari lahayn. Barnaamijka CARE waxuu siiya bukaan socodka qof iyo qoys talooyin wax ku ool ah oo xagga caafimaadka maskaxda ah. Iyo waliba daaweyn.

Crisis Line for the Handicapped

2444 Moorpark Avenue, Suite 304, San Jose, CA 95154
Tel: (408) 296-2474

Luqadaha: Spanish

Adeegyada: Talo siin iyo taageero dadka naafada ah iyo qoysaskooda, warar siin iyo u tilmaamis ururada iyo goobaha gargaara dadka naafada ah, ee ku yaal gobolada California iyo Nevada.

Downtown Mental Health Center

1075 East Santa Clara Street, San Jose, CA, 95116
Tel: (408) 299-6175

Adeegyada: Caafimaadka Maskaxda, diiwaan gelin, dhib ka hor tegis, daaweyn. Waxay la shaqeysa dadka aad uga dhiban xagga caafimaadka maskaxda ee ay ka muuqato dhib sidii uu noloshu caadiga ha ula qabsan lahaa. Waxay ka caawiyaan qofka sidii uu bulshada ula xiriiri lahyaa. Waxay kala shaqeeyayn sidii uu u heli lahaa taageerada bulshada iyo qoyskiisa. Waxay ku dhiiri geliyaan inuu shaqeeyo ama shaqada ku noqdo mar alla marka ay suurto gal noqoto.

Early Start Program

California Department of Developmental Services
Tel: (800) 515-2229

Adeegyada: Waxay ka shaqeeyaan sidii ay uga hor tegi lahayeen dhalaanka yaryar ee halista ugu jira in koriinkoodu, wax-barashadoodu dhantaalmo una baahan gargaar caafimaad oo khaas ah. Isku – duwidda arrimahaas iyo ka qayb gelinta qoyska. Waxay ku taageeraan qalab casri ah oo fududeeya maqalka iyo hadalka, tababar iyo talo siin qoyska ah, daaweyn la xiriirta baaris, kalkaalin, nafaqeen, tababar adeegsi, leyli xubnaha jirka, diiwaan gelin, adeeg shaqada bulshada ah, tababr cod-ku-hadalka, araga iyo gaadiid siin.

Eastfield Ming Quong

251 Llowellyn Ave., San Jose, CA 95008
232 East Gish Rd., San Jose, CA 95112
Reception: (408) 379-3790
Client Services: (408) 379-3796
Website: www.emq.org

Luqadaha Capacity: Chinese

adeegyada: Ka hortagga xanuunada carruurta, dhalinyarada iyo qoysaska ay waxyeeladu ka soo gaarto xagga dareenka iyo dhaqan-nololeedka. Ka hortagga dhibaatooyinka degaan, daryeel siin muddo gaaban ah oo aad u qoto dheer, bukaan socod daaweyn, talo siincarruurta lagu gafey. Waxa kale oo laga heli karaa qoysaska carruurta aaysan dhalin daryeela.

Eastern European Services Agency (EESA)

2400 Moorpark Ave. #200, San Jose, CA 95128
Tel: (408) 297-7348

Luqadaha: Bosnian, Croatian, Serbian iyo Albanian.

adeegyada: Bukaan socd eegto xanuunka maskaxda, waayeelka, diiwaan gelin iyo cashro afka Ingriiska ESL ah.



Ma rabta war dheeri ah? Ka la xiriir xafiiska SIREN's ee ka caawiya socotada xagga macluumaadka, weydii wixii war cusub ama barnaamijyada jira, khadkoodu telefon wuxu furan yahay Is-Ji 10am - 4pm, luqado kala duwana way ku hadlaan. Sida:
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Caafimaadka Maskaxda & Daqdiga

East Valley Mental Health Center

1991 McKee Road
San Jose, CA 95116
Tel: (408) 926-2900

Luqadaha: Tagalog, Ilocano iyo Spanish

Adeegyada: Daryeelka caafimaadka maskaxda ah oo loo fidiyo carruurta, dhalinyarta iyo qoysaska dareenkooda dhib saameeyay ee ka kala yimid dhaqanno kala duwan. Talo siin bunkaan socod, daaweyn muddo kooban oo dharaarnimada ah, degaan ku daweeyn, dugsiyada oo laga daweeyo. Barnaamijyo lagaga dawweeyo duroogooyinka. Barnaamijku waxa yool u ah saddex quruumood African American, Filipino, and Latino.

El Camino Hospital

2500 Grant Road, Mountain View, CA 94040-7025
Tel: (650) 940-7000

Luqadaha: Tarjumaad ayaa la heli karaa

Adeegyada: Daryeel cilmi-nafsiga ah, casharo caafimaadka bulshada ah, iyo kooxo gaagaar.

Elmwood Mental Health

701 South Abel Street, Milpitas, CA 95035
Tel: (408) 957-5360

Adeegyada: Daryeel bukaan socod iyo bukaan jiifa ee dadka u jiran maskaxda ayay siiyaa. Santa Clara Department of Correction iyo Elmwood mental Health.

Enborg Lane Pharmacy, Mental Health Department

2221 Enborg Lane, San Jose, CA 95128
Tel: (408) 885-2300

adeegyada: Waxay dadka bukaanka ah ku siiyaan wacyi gelin goobaha Barbara Arons Pavilion iyo Crestwood Manor. Daawo, talo ayay siiyaan dadka jiran. Qeybta Degmada ee Xanuunada maskaxda, waanay kor meeraan. Waxay soo saaraan wargeeyska si joogta uga wacyi-geliyaa xanuunada maskaxda dadka ka shaqeeya arrimahaas.

Fair Oaks Mental Health Center

660 South Fair Oaks Avenue, Sunnyvale, CA 94086
Tel: (408) 733-2760

Luqadaha: Spanish

Adeegyada: Bunkaan socod eegto carruurta, dhalinyarada iyo qoysaska ah, iyo waliba dadka sida xooga ah uga jiran maskaxda ee da'yarta, qof iyo qoys ama koox ay ka soo gaartay dhibaato. Taageero, timaan, daaweyn iyo baaris. Ka hortegis dhibaato, iyo in la hubiyo dadku inay helaan deganaansho wax ku ool ah.

Family & Children's Services

950 W. Julian Street, San Jose, CA 95126
Tel: (408) 292-9353

Luqadaha: Spanish, Vietnamese, Cambodian, iyo Calaamado ku hadalka Maraykanka.

Adeegyada: Talo siin kharashkeeda la awoodi karo, daaweyn iyo gagaar kale oo ay ka mid yihiin ka hortaga iyo daaweynta carruurta tacadiyo, Attention Deficit Disorder Clinic, talo siinta dadka HIV/AIDS iyo daaweynta gay/lesbian/bisexual therapy.



Ma rabta war dheeri ah? Ka la xiriir xafiiska SIREN's ee ka caawiya socotada xagga macluumaadka , weydii wixii war cusub ama barnaamijyada jira, khadkoodu telefon wuxu furan yahay Is-Ji 10am - 4pm, luqado kala duwana way ku hadlaan. Sida:
Spanish- (408) 286-1698 Vietnamese- (408) 286-1448 Farsi- (408) 286-5680 x108 Chinese- (408) 286-5680 x109

Caafimaadka Maskaxda & Daqdiga

Family & Children's Services

375 Cambridge Avenue, Palo Alto, CA 94306

Tel: (650) 326-6576

Website: www.fsmp.org

Luqadaha: Spanish

Adeegyada: Talo siin kooxaha ay ku jiraan waalid hal-qof. Macaawino laga siiyo xallinta dhibaatooyinka ee dooc iyo dareenba, si ay laba waalid u gaari karan heshiis waxtar u leh dhammaantood. Ka hortagga shaqaaqooyinka, barnaamijyo carruurta, dhalin yarta iyo dadka waaweyn lagu daaweeyo. Adeeg ku salaysan dugsiga oo carruurta iyo waalidka la siiyo. TeenLine (650) 327-TEEN or (408) 993-TEEN and Parental Stress Hotline (650) 327-3333 or (408) 993-8336.

Gardner Family Care

15850 Concord Circle, Suite B, Morgan Hill, CA 95037

Tel: (408) 779-2113

Adeegyada: Daryeel iyo daaweyn qoysaska haya dadka aad maskaxda uga jiran, iyo kuwa qaata duroogada. Ka taakuleyn shaqaaqada guriga, kuwa loogaystay dhibka kufsiga iyo gabadhaha da'yar ku dhala. Gagaar xagga casharada dugsiyada ee guriga, farshaxanka, maaweelada iyo mushruucyo laga caawiyo bulshada, barista hogaamiye noqoshada.

Gardner Family Care Corp., Inc.

160 East Virginia Street, Suite 280, San Jose, CA 95112

Tel: (408) 977-1591

Language(s): Spanish and Vietnamese

Services: Barnaamij haweenka uurka leh ka daaweeya isticmaalka duroongada, alkolada, ka hortegista shaqaaqada qoyska, talo siin WIC (Women, Infant, and Children) iyo nafaqeyn. Qiimeyn caafimaadka iyo dhinaca bulshada ah, diiwaan gelin, talo siin, wacyi-gelin, raad raac iyo barnaamij loogu tala galay waayeelka.

Good Samaritan Charitable Trust, Health Connection

2025 Gateway Place, Suite 205, San Jose, CA 95110

Tel: (408) 451-1848

(waa socotaa...)

Luqadaha: Mandarin, French, German, Japanese, Spanish iyo Vietnamese

Services: Kalkaalin iyo hawsha shaqada bulshada oo loo qabto dadka u jiran cudurka AIDS/ HIV, talo siin taakeerada uu xaq u leeyahay, gargaar lacageed oo xaaladda degdega ah, guriyeyn ijaarka lala bixiyo, wacyi-gelin dhinaca maskaxda ah. Barnaamij gargaar wehel u sameyn ah, iyo taageero laga siiyo xagga dareenka iyo gargaarka oo loo soo ururiyo.

Grace Baptist Community

484 San Fernando Ave., San Jose, CA 95112

Tel: (408) 267-0200 or (408) 723-2754

Fax: (408) 277-2474

Services: Maaweelo iyo raaxaysi, dad is dhexgal iyo wax barasho, fursado lagaga caawiyo xanuunka maskaxda iyo korrinka dhantaalan.

Indian Health Center of Santa Clara Valley, Inc.

1333 Meridian Avenue, San Jose, CA 95125

Tel: (408) 445-3425

Adeegayada: Daaweyn bukaan socod dadka maskaxda ka jiran iyo kuwa ku tegay mukhaadaraadka qof iyo kooxba, dabiib qoys, diiwaan gelin iyo qiimeyn iyo qiyaas cilmi-nafsiga ah, iyo wacyi-gelin fayooabaanta ah. Waxa laga heli karaa waxyaalo badan oo hawl u noqon karaa qof iyo koox intaba. Hawlahaas waxa heli kara dadka ka soo jeedi Native Americans iyo qoysaskooda.



Ma rabta war dheeri ah? Ka la xiriir xafiiska SIREN's ee ka caawiya socotada xagga macluumaadka , weydii wixii war cusub ama barnaamijyada jira, khadkoodu telefon wuxu furan yahay Is-Ji 10am - 4pm, luqado kala duwana way ku hadlaan. Sida:
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Caafimaadka Maskaxda & Daqiga

Juvenile Hall Mental Health Clinic

840 Guadalupe Parkway, San Jose, CA 95110
Tel: (408) 299-3166

Adeegyada: Daryeel goobta ah oo isugu jira arrimo badan oo dhaqankana la socon kara ayaa loo fidiyaa dhalinyarta lagu xayiro xabsiga u gaarka ah (Juvenile Hall), waxa ka mid ah qimeyn lagu sameeyo garaadkooda, ka hortegista dhib dambe, waanin iyo talo siin qoyskooda.

Las Plumas Mental Health

1650 Las Plumas Ave, San Jose, CA 95133
Tel: (408) 729-5382
Luqadaha: Spanish

Adeegyada: Goob qiimeyn iyo tilmaan oo dugsiyada degaanka loogu talo galay. Tilmaan. Bukaani socod eegto qof, koox iyo qoysba leh.

Mekong Community Center

1661 Burdette Drive, Suite C, San Jose, CA 95112
Tel: (408) 282-0402

Luqadaha: Vietnamese iyo kuwa kale oo konfyur Asiya ah..

Adeegyada: Waxaay taageero siisaa dadka ka yimid konfur Asiya ee maskax ahaan dhib u soo gaaray sidii ay isugu kalsoonaan lahaayen ee ay nolosha wax uga qabsan lahaayen.

Narvaez Mental Health

614 Tully Road, San Jose, CA 95111
Tel: (408) 299-4734

Luqadaha: Spanish iyo Vietnamese

Adeegyada: Waanin iyo wacyi-gelin kuwa da' yar waalidka ku noqda..

North Valley Mental Health Center

231 Grant Avenue, Palo Alto, CA 94306
Tel: (650) 321-5545

Luqadaha: Spanish

Adeegyada: Waanin qof iyo kooxba, diiwaan gelin iyo kormeer daawo qaadashada lagu hubo.

Rebekah Children's Service

290 IOOF Ave., Gilroy, CA 95020
Tel: (408) 846-2100
Website: www.rcs-ioof.org

Luqadaha: Spanish iyo French.

Adeegyada: Hoy ku maeel gaar ah iyo daaweyn la siiyo carruurta dhibtu gaarto ee aad u walbahaarsan.

South County Mental Health

1215 First St., Gilroy, CA 95020
Tel: (408) 683-2344

Luqadaha: Spanish

Adeegyada: Daaweyn, diiwaan gelin, dhaqan celin, waanin dadka waaweyn ee maskaxda aad kuga jiran.

West Valley Mental Health

375 Knowles Drive, Los Gatos, CA 95030
Tel: (408) 379-7020

Adeegyada: Diiwaan gelin, daaweyn psychotropic, dhaqan celin baaritaan dadka ayagoo maskaxda ka jiran ku darsada qaadashada mukhaadaraadka,



Ma rabta war dheeri ah? Ka la xiriir xafiiska SIREN's ee ka caawiya socotada xagga macluumaadka , weydii wixii war cusub ama barnaamijyada jira, khadkoodu telefon wuxu furan yahay Is-Ji 10am - 4pm, luqado kala duwana way ku hadlaan. Sida:
Spanish- (408) 286-1698 Vietnamese- (408) 286-1448 Farsi- (408) 286-5680 x108 Chinese- (408) 286-5680 x109