



In badan oo ka mid ah barbaarta iyo carruurta dadka socotada ku yimid, waxay la kulmaan ciriiri caadi ah oo xagga nafta ah, marka ya dhalinyarta yihiin, tasso u dheer la qabsashada dhaqan iyo bulsho cusub. Isla markaas in badan oo socotada ahi waxay u baahdaan in carruurtooda daryeel ay u helaan inta ay iyagu wax-barasho ama shaqo ku maqan yihiin.

Hoos waxa ku xusan su'aalo dhowr a oo ay qabi karaan waalidiintu iyo jawaabahooda, kuna saabsan adeegyada xannaanada carruurta ee laga helo degmada Santa Clara County.



Aniga iyo ninkaykuba waan shaqeynaa, ee halkee ayaan uga heli karna xannaano aan awoodi karno ilmahayaga yar?

Waa wax dhib badan in la helo barnaamij xannaano la awoodi karo. Waalidiin badani waxay ku tiirsan yihiin qoysaskooda ama saxiibo caawiya. Hase yeeshe barnaamij xannaanada carruurta ah ayaa laga heli karaa xarumaha DAYCARE-ka dugsiyada qaar bixiya barnaamijyo gaar ah, ururo iyo wakaalado xannaanada carruurta iyo dhalin yarta ku hawlan. youth. Kharashka iyo qiimaha xarumahaasi way kala gudisan yihiin, meelaha qaar ayaa qoysaska dakhliga yari heli karaan gargaar lacageed oo ay ku bixiyaan xannaanada ilmahooda. Waa inaad markasta waraysato inaad heli karto gargaarkaas.

Xaggee ayuu tegi karaa ilamahayga 14ka sano jiraa sacadaha dugssiga ka dib?

Waxa jira barnaamijyo badan oo degmada ku baahsan oo dhalinyarta socotadu ay kaga fa'iideysan karaan waqtigooda. Barnaamijyaadaasi waxay ka caawiyaan dhalinyartu sidii ay uga qayb qaadan lahaayeen barnaamij loogu talo galay inay noloshooda ku daryeelaan. Waxaad heli kartaa barnaamijyada iyo arrimo kale oo loogu tala galay dhalinta socotada (immigrants) oo dugssiga ka dib jira. Meelaha qaar waxay leeyihiin xarumo dhalintyar, barnaamij isboorti, cashar guri-ku shaqeyn iyo xarumo bulsho. Barnaamijyada dhalintu inta badan waa lacag la'aan, hase yeeshe waa wax iska haboon in markasta aad waraysato in kharash lagao raabo. Ciyaaraha ay qabanqaabiyaan magaalooyinku iyo ururdu inta badan lacag ayaa la bixiyaa. Mararka qaar waxay siiyaan wax-barasho lacag la'aan ah si qoysasku u bixin karaan lacagta fiiga ah.

Waxan ahay hoyo kaliya oo shaqeysa, ayaa ka caawin kara ilmahayga casharka guriga lagaga shaqeeyo?

Guryaha buugta, dugsiyada iyo xarumaha bulshada ayaa ka caawiya carruurta dada dugsiyada gaar ah cashar ka shaqeynta guriga. In kasta oo aysan lahayn xannaano carruurta iyo dhalinta, ha yeeshe waa barnaamijyo waxtar leh, oo carruurto isku hawli karaan ka dib marka dugsiyada laga fasaxo. afterschool.

Waxaan danaynayaa inaan carruurta guriga ku xannaaneeyo, sidee ayaan u bilaabi karaa? dadka socotada ahi way bilaabi karaan xarun xannaan carruurta oo guriga ah. Waa inay fasax u helaan arrintaas. Maadama degmadu aysan lahayn xarumo ku filan oo carruurta laga daryeelo, waxay dhiiri elisaa inay dadka socotada ahi furaan xarumo u gaar ah oo cid kasta dhaqankeeda u leh. Dadka danaynayaa inay furtaan xarumahaas waxay warar dheeri ah ha



kala xirriireen khadkan telefonkan 1-800-616-2242 for more information. Waxa jira koolejyo iyo dugsiyada tababarka gaar ahaaneed bixiyo oo ka caawin kara qofka raba tababar xagga xannaanada carruurta ah, si uu u furto xarun arrintaas lka shaqeysa.

Ma jiraan barnaamijyo wax-barasho loogu tala galay carruurta shan sano ka yar?

Ha. Barnaamijka Santa Clara County Head Start ayaa bixiy wax-barasho galin ama maalin buuxda ah oo loohgu tala alay carruurta qoyskoodu dakhliga yar yahay. Dusiyadaas waxa maal-geliya Gobolka dadkana waa u laca la'aan. Barnaamijku wuxuu carruurta u diyaariyaa dugsiiga bilowga ah, waxa kale oo ay qoysasku kaga maarmaan xannaanda lacagta la bixiyo.



4'C's Council: Community Coordinated Child care Development Council of Santa Clara County

111 Gish Rd., San Jose, CA 95110

Tel: (408) 487-0747

Referral: (408) 487-0749

Website: www.4c.org

Luqadaha: Spanish, Vietnamese, Cantonese, Mandarin, Farsi, Hindi, Syrian, Russian, Tagalog iyo English

Adeegyada: Tilmaan ay siiso waalidka lana socodsiiso xarumaha ku yaal degaanka oo dhan.

Achieve Intake

3860 Middlefield Road, Palo Alto, CA 94303-4716

Tel: (650) 494-1200

Palo Alto: (650) 494-1200

San Jose: (408) 928-5777

Website: www.achievekids.org

Luqadaha: American Sign Language, Cantonese, Tagalog, Finnish, French, Polish, Russian iyo Spanish.

Adeegyada: Daaweynta cudurada maskaxda, wax-barasho khaas ah oo carruurta iyo dhalinta

dareenkooda dhib soo gaaray, koriinkoodu dhantaalmay ee aan si caadi ah wax loo bari Karin, ee da'doodu u dhaxeeyso 7 ilaa 22 sano.

Albert L. Schulz Jewish Community Center

655 Arastradero Road, Palo Alto, CA 94306

Tel: (650) 493-9400 x249

Website: www.paloaltojcc.org

(waa socotaa...)

Luqadaha: Russian iyo Hebrew

Adeegyada: Xannaanada carruurta 5 ilaa 13 sano jirta. Gaadiid bas lagu qaado dugsiiga ilaa xarunta.

Barnaamij maaweelo ilaa 6 galbnimo. Barnaamijyo dhaqan iyo tacliin ah oo kala duwan..

Billy De Frank Lesbian & Gay Community Center

938 The Alameda, San Jose 95126

Tel: (408)293-3040

Adeegyada: Adeeg la siiyo Dadka waaweyn, ka hortagga cudur AIDS, wacyi gelin xagga kansarka naasaha, waanin, mushruuc dhalin yarta ah, adeeg waayeelka ah, ka hortagga tubaakada (sigaarka).

Child Care Information Line for Santa Clara County

Tel: (408) 928-3542

Luqadah: Spanish, Vietnamese iyo English

Adeegyada: Dadka ku jira CalWORKS ee ashaqeyya saacadaha buuxa, qaatana wax yar oo deeg lacaeed ama xaq u leh daryeelka carruurta.

Choices for Children

111 N. Market Street, Suite 100, San Jose, CA 95113

Tel: (408) 297-3295

Website: www.choices4children.org

Luqadaha: Spanish, Vietnamese iyo English

Adeegyada: Tilmaan sshirkadaha qandraska ku qaato xannaanada carruurta. Tilmaan barnaamijyo deeq lacageed bixiya oo ku khaas ah xannaanada carruurta iyo waalidinta dakhligoodu yar yahay..



Daryeelka Carruurta & Dhalinyarta

Choices for Children - PTRAC

(Provider, Training and Resource Center)
1197 Lick Avenue
San Jose, CA 95113
Website: www.choices4children.org

Adeegyada: Gargaar iyo taakuleynta cidda caawisa ku hawlan daryeelka carruurta.

Community Association for Rehabilitation

525 East Charleston Road, Palo Alto, CA 94306
Tel: (650) 494-0550
Website: www.C-A-R.org

Luqadaha: Muqaal hadalka, Spanish iyo English.

Adeegyada: Carruurta iyo dadka waweyn ee koriinka dhantaalan. Goobaha kale waxa ka mid ah Palo Alto, Menlo Park, Watsonville iyo Campbell.

Community Family Service Inc.

480 N. First St., Suite 210, San Jose, CA 95112
Tel: (408) 275-0810

Luqadaha: Spanish, Portuguese

Adeegyada: Waxay ku bixisaa 20 gobood oo ku yaalla San Jose adeeg daryeelka carruurta yar yar ilaa 13 sano jirka.

Community Solutions, Family & Children Mental Health

Concord Circle, #B Morgan Hill, CA 95037
Tel: (408) 779-2113

Luqadaha: Spanish iyo English

Adeegyada: Talo siin, arrim u maareyn iyo gargaar.

Economic and Social Opportunities

Gilroy

7365 Monterey St., Gilroy, CA 95020
Phone: (408) 848-1265

Luqadaha: Spanish iyo Vietnamese

Adeegyada: Wax-baris, maawwelo arday dugsi sare, Barnaamijyo dhaqan, farshaxan oo loogu tala galay xiliga xagaaga.

San Jose

1445 Oakland Rd., San Jose, CA 95112
Tel: (408) 971-0888

Luqadaha: Spanish iyo Vietnamese.

Adeegyada: Wax-baris, tababar shaqo, kombuyutar, iyo culuun kale.

Go Kids, Inc. (formerly Growth and Opportunity Inc.)

355 Woodview Ave., Suite #600
Morgan Hill, CA 95037
Tel: (408) 842-2201
Website: www.gokids.org

Luqadaha: Spanish iyo English

adeegyada: Xarum lagu xannaaaneeyo carruurta da' dugsi aan gaarin iyo kuwa tega dugsi. Xannaanyn carruurta socotada shaqeysa.

MACSA – South County

Mexican American Community Services Agency

7400 Railroad St, Gilroy 95020
Tel: (408)847-4686

2695 Moorpark Ave, San Jose 95128

Tel: (408)794-1222

Website: www.macsa.org

Luqadaha: Spanish iyo English

adeegyada: Wax-baris saacadaha dugsi ka dib, arday ku jirta fasalka 6aad, barnaamij kombuyutar iyo farsamo lagu barto, maawwelo dadk dakhliga yar carruurtooda Gilroy. Monday-Friday 3:30-7 p.m.

La Familia Sana

7400 Railroad St., Gilroy, CA 95020
Tel: (408) 847-4686



Daryeelka Carruurta & Dhalinyarta

El Toro Youth Center

17620 Crest Ave., Morgan Hill, CA 95037
Tel: (408)-779-6002

MACSA Youth Center

Mexican American Community Services Agency
660 Sinclair Dr., San Jose, CA 95116
Tel: (408) 929-1080
Website: www.macsa.org

Luqadaha: Spanish iyo English

adeegyada Wax-baris u salaysan inaan ciddna ku hadhain imtixaanka, barnaamij lagu caawiyo ardayda fasalka 5aad. Monday – Friday 2:30-5:30 p.m.

Latchkey Daycare Program: for ages 6-12 Monday-Friday 2:30 - 5:30 p.m.

SCORE barnaamijka waxa ka mid ah isbortiga, kombuyutarka, maaweelada iyo wax-barashada.

Nuestra Casa Family Resource Center

1998 Alum Rock Avenue, San Jose, CA 95116
Tel: (408) 251-7663
Website: www.familyresourcecenters.net

Luqadaha: Spanish iyo English

Adeegyada: Barashada Ingriiska, qaadashada jinsiyadda, xannaanda carruurta, kaalmeynta haweenka, shaqaaqoyinka guriga, tal siin, waalidnimo ay dhib geysan, gargaarka waalidiinta-waalidka, hogaaminta dhalinta, Al-Anon, ku gulaysiga dugsigga dhexe, naadiga guri cashar kaga shaqeyn. Isku-kalsooni, Cidda barnaamijka ka qeyb qaadata oo carruurta loo hayo.

P.E.A.R.L.S. Program, City of San Jose

4 North Second Street, Ste. 600, San Jose, CA 95112
Tel: (408) 277-3155

Luqadaha: Spanish.

adeegyada: War siin iyo tilmaanm, adeegyada magaalada, degmada iyo bulshada, kaalmada waalidinta.

Catholic Charities of Santa Clara- Youth Empowered for Success (YES)

645 Wool Creek Drive, San Jose, CA 95112
Tel: (408) 283-6150
Website: www.ccsj.org

Luqadaha: Spanish, Vietnamese iyo English

adeegyada: Waxay siisaa ardayda iy oqoysaska gargaar waxbarshada a oo qaabaysan saacadaha dugsigga ka dib. Hawlaha waxa ka mid ah cashar guri-kaga shaqeyn, wacyi gelin hagaamin iyo dhaqan toosan, isboorti iyo farshaxan, aqoon is weydaarsi waalidiinta la siiyo, arrimaha lag taageero qoyska iyo qofkaba.

YMCA of Santa Clara Valley (Metropolitan Office)

1922 The Alameda, San Jose, CA 95126
Tel: (408) 298-3888 Fax: (408) 298-0143
www.scvymca.org

Warar dheeri ah oo ku saabsan xannaanada carruurta iyo daryeelka dhalinta wac meelaha hoos ku qoran :

Central Branch Tel: (408) 298-1717
1717 The Alameda, San Jose, CA 95126

East Valley Branch Tel: (408) 258-4419
1975 S. White Rd., San Jose, CA 95148

Mt. Madonna Branch Tel: (408) 762-6000
17666 Crest Avenue, Morgan Hill, CA 95037

Northwest Branch Tel: (408) 257-7160
20803 Alves Dr., Cupertino, CA 95014

Southwest Branch Tel: (408) 370-1877
13500 Quito Rd., Saratoga, CA 95070

YWCA Child Care Centers
Website: www.ywca-scv.org

Luqadaha: Spanish, English iyo kuwo kale
Adeegyada: Waxay bixiyaan xannaanada carruurta, kuwa socod barad ka, kuwa dugisa aan gaarin iyo kuwa dugsigga tagaba.

Downtown San Jose

YWCA Villa Nueva

Children 6 weeks to 6 years
375 South Third St, San Jose
408-295-4011 ext. 237

East San Jose

YWCA Christopher, Christopher Elementary School



Ma rabta war dheeri ah? Ka la xiriir xafiiska SIREN's ee ka caawiya socotada xagga macluumaadka , weydii wixii war cusub ama barnaamijyada jira, khadkoodu telefon wuxu furan yahay Is-Ji 10am - 4pm, luqado kala duwana way ku hadlaan. Sida:
Spanish- (408) 286-1698 Vietnamese- (408) 286-1448 Farsi- (408) 286-5680 x108 Chinese- (408) 286-5680 x109

Daryeelka Carruurta & Dhalinyarta

Kindergarten to 5th Grade
565 Coyote Rd, San Jose
408-578-1733

South San Jose
YWCA Almaden, Almaden Elementary School
Kindergarten to 6th Grade
1295 Dentwood Dr, San Jose
408-448-1280

YWCA Canoas, Canoas Elementary School
Kindergarten to 5th Grade
800 Wren Dr, San Jose
408-265-0965

YWCA Eden Palms
6 weeks to 6 years
5398 Monterey Rd, San Jose
408-227-9858

YWCA Frost, Frost Elementary School
Kindergarten to 5th Grade
530 Gettysburg Dr, San Jose
408-578-4535

YWCA Hammer, Hammer Elementary School
Pre-Kindergarten to 6th Grade
1325 Bouret Dr, San Jose
408-267-2092

West San Jose
YWCA Trace, Trace Elementary School
Kindergarten to 5th Grade
651 Dana Ave, San Jose
408-924-0880

YWCA West Valley
2 years to 12 years
43433 Leigh Ave, San Jose
408-269-7534

YWCA Lynhaven, Lynhaven Elementary School
Kindergarten to 5th Grade
881 South Cypress Ave, San Jose
408-247-1693

Gardner Community Center
520 West Virginia Street, San Jose, CA 95125
Tel: (408) 279-1498
Luqadaha: Spanish.

adeegyada: Barnaamij nagfaaqeyn iyo maaweelo.



Ma rabta war dheeri ah? Ka la xiriir xafiiska SIREN's ee ka caawiya socotada xagga macluumaadka , weydii wixii war cusub ama barnaamijyada jira, khadkoodu telefon wuxu furan yahay Is-Ji 10am - 4pm, luqado kala duwanna way ku hadlaan. Sida:
Spanish- (408) 286-1698 Vietnamese- (408) 286-1448 Farsi- (408) 286-5680 x108 Chinese- (408) 286-5680 x109