



Dadka waayeelka ah ee socotada ah ayaa ugu nugul. Waxay u baahan yihiin in la dejiyo xarumo ay joogaan dad ku hadli kara laba luqo ama in ka badan.



Waa maxay barnaamijyada loogu tala galay xarumaha waayeelka?

Xarumaha waayeelku waxan bixiyaan adeegyo ballaaran ookala duwan, aadna ugu habon waayeelka socotada ah, waxay heli karaan adeegyo urusan oo meel kaliya laga helo:

- Hawlo Maaweelo ah,
- Barnaamijyo cuntada iyo nafqeynta ah,
- Adeeg caafimaad iyo talo siin.

Waalidkay oo waayeel ahi waxuu u baahan yahay cunto, Maxuu barnaamijku ugu tala galay?

Xarumaha waayeelka badanaa waxay bixiyaan adeeg nafqeyntu ku jirto iyo waliba cunto dhqameed, hase yeeshe gaadiidka lagu loo raacyo xarumhaas ayaa kooban. La xiriir urudan si aad u ogaato cuntada ay bixiyaan xarumaha kuugu dhow.

Waxa kale oo jira barnaamijyo waayeelka lay ugu tala galay Santa Clara County Food Bank. Warar dheeri ah cuntada iyo nafqeynta waayeelka ka Eeg qeybta cuntada ee bogga 72.



Ma rabta war dheeri ah? Ka la xiriir xafiiska SIREN's ee ka caawiya socotada xagga macluumaadka , weydii wixii war cusub ama barnaamijyada jira, khadkoodu telefon wuxu furan yahay Is-Ji 10am - 4pm, luqado kala duwana way ku hadlaan. Sida:
Spanish- (408) 286-1698 Vietnamese- (408) 286-1448 Farsi- (408) 286-5680 x108 Chinese- (408) 286-5680 x109

Ma bixiyaan daryeel caafimad xarumaha waayeelku?

Xarumaha waayeelka qaarkood way bixiyaan daryeel caafimaad. Hase yeeshe waayeelka u baahan daryeel caafimaad waa inay helaan war sugan oo ku saabsan xaq in u leeyihiin adeegyadaas iyo in kale. La xiriir xarunta waayeelka si aad u ogaato adeegyada laga helo. Wara dheeri ah ka eeg qeybta caafimaadka waayeelka bogga 9aad.

Waa noocma adeegyada la siiyo waayeelka aan guriga ka bixin karin?

Waayeelka socotada ah ee aan guriga ka bixin wuxuu waci karaa si uu u helo war ku saabsan adeegyada ay siiyaan qofka guri aan dhaafi karin In-Home Supportive Services (IHSS). Ka eeg bogga 9aad warar dheeri ah.

Ma jiraan adeegyo la siiyo waayeelka inuu shaqeysto jecel?

Waayeelka socotada ah ee shaqo doonka ah waxuu la xiriiri karaa xafiiska National Council on Aging ee San Jose telefonka ah (408) 280-7791.

Waa maxay adeega laga helo gudiga dadka waayeelka ah?

Gudiga dadka waayeelka ah Council on Aging, waxay siisaa bulshada waayeelka ah adeegyada kala ah:

- Adeeg caafimaad, taageero iyo tali siin ku saabsan caymiska caafimaadka.
- Guri tagid xaaladaha degdega ah,
- Shaqo siin,
- Qareeno guriyaha kuboqada,
- War gelin iyo taageero,
- Cunto loo geeyo iyo
- Adeeg ah arrimaha oo loo maareeyo..

Ma garanayo si aan u bixiyo kharashka daaweynta, ayaa iga caawin kara arrinaas?

Waayeelku waxa ay u baahan karaan caawimo si ay u fahmaan lacagta sidii ay u bixin lahayeen una isticmaali lahayeen daryeelka caafimaadka. Ururka la yiraahdo The Council on Aging offers a program called Health Insurance and Counseling Advocacy Program (HICAP) ayaa ka caawin kara waayeelku sidii ay isaga bixin lahayeen kharashyada. Warar dheeri ah u wac telefonka (408)296-8290

Hooyadan ayaan daryeela ee ayaa gacan igu siin kara?

Dadka darweyela waayeelku (ha noqodeen xaaska, ubadkooda waaweyn ama saaxiib) waxan u baahdaan gacan laga siiyo inay daryeelaan waayeelkaas. Barnaamij nasiino ah ayaa lagu siiya taagerada ay u baahan yihiin. Eeg qoraalka hoose:



Senior Information Assistance Line

Tel:(408) 296-8290

Lacag la'aan: 1(800) 510-2020

Council on Aging Offices

2115 The Alameda, San Jose CA 95126

Tel: (408) 296-8290

Deegaanka gudihisa kaliya: 1(800) 510-2020

Website: www.scccoa.org

Luqadaha: Spanish, Vietnamese iyo English.

Adeegayada: Waxay gargaaran waayeelku si adeeg uu u helo. Addegyo badan oo ay ka mid yihiin daryeel maalintii ah oo lagu hayo waayeelka xarumo caafimaad iyo gabood

degdega ah., cunto loo keeno, caumi9ska oo lagala taliyo, gaadiid iyo naasiino.

John XXIII Neighborhood Center

194 E. San Fernando St., San Jose, CA 95112

Tel: (408) 282-8608

Adeegayada: Nasiino, barnaamij nafaqeynta waayeelka.

Day Break – St. Francis of Assisi Pastoral Care Center

5111 San Felipe Rd., San Jose, CA 95135

Tel: (408) 270-4900

Adeegyada: Barnaamij nafaqeynta waayeelka, nassino iyo daryeel caafimaad uoola siiyo waayeelka.

Foster Grandparent Program – Catholic Charities

2625 Zanker Rd., Ste. 200, San Jose, Ca 95134

Tel: (408) 944-0665

adeegyada: Hawlo la lagu bara sidii ay u noqon lahaayeen waayeela wax xannaanayn karo.

Health Insurance Counseling and Advocacy Program (HICAP)

Tel: (408) 296-8290

Luqadaha: Cantonese, Mandarin, Japanese, Vietnamese

Adeegyada: Waayeelka Medi-cal ku jira oo la taliyo, la siiyo daryeel muddo dheer ah iyo oo la maamulo.

Catholic Charities of Santa Clara County

2625 Zanker Road, San Jose, CA 95134-2107

Tel: (408) 468-0100

Luqadaha: Cantonese iyo Vietnamese. Waxa qeybo kale laga heli karaa turjumad luqada badan.



Ma rabta war dheeri ah? Ka la xiriir xafiiska SIREN's ee ka caawiya socotada xagga macluumaadka , weydii wixii war cusub ama barnaamijyada jira, khadkoodu telefon wuxu furan yahay Is-Ji 10am - 4pm, luqado kala duwana way ku hadlaan. Sida: Spanish- (408) 286-1698 Vietnamese- (408) 286-1448 Farsi- (408) 286-5680 x108 Chinese- (408) 286-5680 x109

Daryeelka Waayeelka & Dadka Waaweyn

Adeegyada: Barnaamiyo ah caafimaadka maskaxda, waayeel daryeelid, nafaqeyn, ubad daryeel wwaalid, xigto la daryeelo, gargaarid barnaamijka ddka da'da ah.

Department of Aging and Adult Services Adult Protective Services

591 North King Road, San Jose, CA 95113
Tel: (408) 928-3860
Hotline: 1-800-414-2002

Adeegyada: Gargaar isku dhaf ah adeega bulshadu ay siiso waayeelka ka tirsan bulshada..

In Home Supportive Services

591 North King Road, San Jose, CA 95133
Tel: (408) 928-3737

adeegayada: Adeeg guri oo kooban, kana mid yihiin nadaafadda iyo cunto karintu, hawlo la xiriira nolol maalmeedka sida u qubaynta, quudinta iyo gargaar ku salaysan haddaba baahida jirta.

Senior Nutrition Program

591 North King Road. San Jose, CA 95113
Tel: (408) 928-3800
Adeegyada: Goobo iyo guryo dad oo kale duwan. Waxay bxixiyaan cuntoi dhaqameedyo kala duwan.

Independent Aging Program

195 East San Fernando Street, San Jose, CA 95112
Tel: (408) 282-8606
Luqadaha: Spanish

Adeegyada: Daryeel nasiino dadka waayeelka daryeela, oo ay siiyaan muddo buuxda oo ay iyagu daryeelaan waayeelka ama qof naafo ah. Talo siin xagga guryaha dadku ku wada dhaqmo.

Multipurpose Senior Services Program Council on Aging of Santa Clara County

2115 The Alameda, San Jose, CA 95126

Tel: (408) 296-8290

Luqadaha: Spanish, Mandarin, iyo Vietnamese

adeegyada: Waxay guriga ku eegaan dadka waayeelka ah hawlahana u maareeyaan liita.ee ka jira Medi-Cal kana weyn 65 sano.

National Council on Aging

691 S. Second Street, Ste. 10, San Jose, CA 95112
Tel: (408) 280-7791

Adeegyada: Adeeg dadka waayen iyo waayeelka bulshada oo ah maalintii. Barnaamijka NCOA's qeybta horemarinta xoogsatada ayaa gargaarta xoogsatada 55 sano iyo ka badan jirta. Waxay ka caawiyaan inay shaqo wax ku ool ah helaan. Farsmona cusubna bartaan si ay dakhligooda kor ugu qaadaan. Barnaamijka The Senior Community Service Employment Program (SCSEP) eek u sharciyaysan qodobka V of the Older Americans Act ayaa awood siinaya NCOA inay shaqooyinkaas bixiso tababarna dadka waaweyn rag iyo haweenba.fidiso.

Second Harvest Food Bank – Operation Brown Bag

750 Curtner Ave., San Jose, CA 95125-2118
Tel: (408) 266-8866
Khadka degdega ah.: 1-800-984-3663
Web Site: <http://www.2ndharvest.net>

Luqadaha: Spanish iyo Vietnamese

Adeegyada: Qeybinta cuntada. Cuntada oo todobadkiiba ay mar u geeyaan waayeelka ka weyn 60ka sano iyo naafada 55ka sano ka weyn ee u xaq leh. Saacadaha Isnin Iilaa Jimce 8da subax – 5ta galabnimo.

VNA Meals on Wheels, The Health Trust

2025 Gateway Place, Suite #200, San Jose, CA 95110
Tel: (408) 452-1134

Luqadaha): French, German, Mandarin, Spanish iyo Vietnamese.

Adeegyada: Cunto basil ayay gaarsiiyaan dadka guryaha aan ka bixin maalmaha Isniin ilaa Jimcaha, iyo cunta la kaydiyay Sabti iyo Axadda.



Via Rehabilitation Services

2851 Park Avenue, Santa Clara, CA 95050

Tel: (408) 243-7861

Language(s): Spanish

Adeegyada: Deymin qalabka degdega loo istimaalo sida gaariga kurisiga ah, Biraha la cuskado iyo ulaha la taageersado,

Gardner Family Care Corporation

160 E. Virginia St., Ste. 280, San Jose, CA 95112

Tel: (408) 287-6200

Luqadaha: Spanish iyo Vietnamese.

Adeegyada: Waayeelka o la siiyo daryeel caafimaadmaskaxda iyo mid guud.

Outreach and Escort

97 East Brokaw Rd. #140, San Jose, CA 95112

Tel: (408) 436-2865

Luqadaha: Vietnamese, Spanish, English iyo Chinese

Adeegyada: Degmada oo dhan gaadiid u qaada waayeelka balamaha caafimaad, iyo dukaamaysiga. Daryeel maalintii ah oo kooban lana siiyo dadka naafada ah iyo waayeelka.

Long-term Care Ombudsman

Catholic Charities

2625 Zanker Rd., San Jose, CA 95134

Tel: (408) 944-0567

Luqadaha: Bankiga luqadaha ayaa u furan.

Adeegyada: Waxa ay siin dadka ku jira guriyaha daryeelka iyo kalkaalinta gagaar sidii ay u xallin lahaayeen mushkiladahga ka qabsada goobahaas, talo siin iyo tilmaan xagga sharciga ah. Adeegyada waxa heli kara qoyska saxiibka iyo dadka ka socoda beesha qofka ku jira guriyaha kalkaalina.

Daryeelka Caafimaadka dadka waaweyn

Avenidas

450 Bryant Street, Palo Alto, Ca 94301

Tel: (650) 326-5362

Luqadaha: Spanish, Chinese, English iyo Vietnamese

Adeegyada: Taakuleynta waayeelka sidii ay adeeg u heli lahayeen, qado maalin kasta, maaweelo. Goobaha ay ka hawl galen waa : Palo Alto.

Mexican American Community Services Agency (MASCA)

130 N. Jackson Avenue, San Jose, CA 95116

Tel: (408) 928-1155

Luqadaha: Spanish, Mandarin, Cantonese, Vietnamese iyo Tagalog

Adeegyada: Barnaamjiyo caafimaadka iyo daryeelka waayeelka ah.

Alzheimer's Activity Center

2380 Enborg Lane, San Jose, CA 95128

Tel: (408) 279-7515

Adeegyada: Waxay bixin adeeg dhaqan celin, nafaqeyn iyo daryeelka waayeelka, arrimaha la xiriira maskaxda, jirka iyo hab dhaqanka. Waxay ka caawiyaan waayeelka inay isku-filaadaan., nasiino iyo la talin ay qoyska iyo qofka waayeelka daryeela ay siiyaan.

Billy De Frank Lesbian & Gay Community Center

938 The Alameda, San Jose 95126

Tel: (408)293-3040

Adeegyada: Adeeg la siiyo Dadka waaweyn, ka hortagga cudur AIDS, wacyi gelin xagga kansarka naasaha, waanin, mushruuc dhalin yarta ah, adeeg waayeelka ah, ka hortagga tubaakada (sigaarka).



Daryeelka Waayeelka & Dadka Waaweyn

Chinese American Mutual assistance Association

1669 Flanigan Dr., San Jose 95121

Tel: (408)274-9282

Luqadaha: Mandarin, Cantonese, Vietnamese and Taiwanese

Adeegyada: Brista luqadda Ingriiska (ESL) barista qaabka doorashada, barnaamjiyo waayeelka ah, tababar hogaamiyenimo

Cupertino Senior Day Services

20920 McClellan Rd., Cupertino, CA 95015

Tel: (408) 973-0905

Adeegyada: Dhaqan celin, nafaqeyn iyo daryeela xagga maskaxda, jirka iyonafaqada ay siiyaan waayeelka. Gargaar iyo nasiino la siiyo dadka ama qoyska haya Waayeelka.

Live Oak Adult Day Services

Willow Glen - Administrative Office and Center

1147 Minnesota Avenue, San Jose, CA 95125

Tel: (408) 971-9363

Adeegyada: Dhaqan celin, nafaqeyn iyo daryeela xagga maskaxda, jirka iyonafaqada ay siiyaan waayeelka. Gargaar iyo nasiino la siiyo dadka ama qoyska haya Waayeelka.

Live Oak Adult Services- Los Gatos

111 Church Street, Los Gatos, CA 95030

Tel: (408) 354-0707

Adeegyada: Dhaqan celin, nafaqeyn iyo daryeela xagga maskaxda, jirka iyonafaqada ay siiyaan waayeelka. Gargaar iyo nasiino la siiyo dadka ama qoyska haya Waayeelka

Live Oak Adult Services- Downtown San Jose

49 N. Fourth St., San Jose, CA 95112

Tel:(408) 292-1392

Adeegyada: Dhaqan celin, nafaqeyn iyo daryeela xagga maskaxda, jirka iyonafaqada ay siiyaan

waayeelka. Gargaar iyo nasiino la siiyo dadka ama qoyska haya Waayeelka.

Live Oak Adult Services- Gilroy

651 West 6th Street, Gilroy, CA 95020

Tel: (408) 847-5491

Adeegyada: Dhaqan celin, nafaqeyn iyo daryeela xagga maskaxda, jirka iyonafaqada ay siiyaan waayeelka. Gargaar iyo nasiino la siiyo dadka ama qoyska haya Waayeelka.

Saratoga Adult Care Center

19655 Allendale Ave., Saratoga, CA 95070

Tel: (408) 868-1262

Luqadaha: Spanish iyo English

adeegyada: Barnaamij nafaqeynta iyo waayeelka ah.

Service Immigrant Rights & Education Network

778 N. First St., #202, San Jose, 95112

Tel: (408)286-5680

Immigrant Assistance & Information Lines:

Spanish: (408)286-1698

Vietnamese: (408)286-5680 x 1448

Farsi: (408)286-5680 x 108

Chinese: (408)286-5680 x 109

Website: www.siren-bayarea.org

Adeegyada: War siin iyo tilmaan ku saabsan gargaarka bulsh, wacyi gelinta bulshada xagga deeqda guud (Public benefit) u doodistain xeerka loo fududeeyo. Tababar iyo gargaar aqooneed xagga socdaalka iyo arrimaha la xiriira.

Sunnyvale Senior Day Services

1025 The Dallas Ave., Sunnyvale, CA 94087

Tel: (408) 246-8790

Luqadaha: Spanish iyo Chinese

adeegyada: Barnaamij nafaqeynta iyo waayeelka ah.



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Spanish- (408) 286-1698 Vietnamese- (408) 286-1448 Farsi- (408) 286-5680 x108 Chinese- (408) 286-5680 x109

Daryeelka Waayeelka & Dadka Waaweyn

Xarumaha Kommunitiga iyo goobaha Nafaqeynta

Alma Community Center

136 Alma Avenue, San Jose, CA 95125

Tel: (408) 288-8758

(waa socotaa...)

Luqadaha: Spanish

Adeegyada: Hawlaha Nafaqeynta la xiriira.

Asian Americans for Community Involvement

2400 Moorpark Ave. #300, San Jose, CA 95128

Phone: (408) 975-2730

Luqadaha: Cantonese, Mandarin, Chui-Chow, Laotian, Cambodian, Vietnamese, Thai, Korean, Tagalog, Ilocano, Lao-Mein, Farsi iyo Japanese

adeegyada: Gargaar guud, barnaamijyo waayeelka iyo goobo nafaqeynta ah.

Afro-American Community Services Agency

304 N. Sixth St. (Julian), San Jose, CA 95112

Tel: (408) 292-3157

Luqadaha: Spanish iyo Ethiopian

adeegyada: Barnaamijyo waayeelka iyo cuntada barnaamijka cunto ee loo yaqaan Brown Bag Food.

Berryessa Community Center

3050 Berryessa Rd., San Jose, CA 95132

Tel: (408) 251-6392

Adeegyada: Barnaamij Waayeelka iyo Nafaqeynta ah.

Campbell Nutrition Site

1 West Campbell Ave., Campbell, CA 95008

Tel: (408) 866-2764

Adeegyada: Barnaamij Waayeelka iyo Nafaqeynta ah.

Casa del Pueblo

200 S. Market St., San Jose, CA 95113

Tel: (408) 294-5308

Adeegyada: Barnaamij Waayeelka iyo Nafaqeynta ah

Community Services Agency of Mountain View and Los Altos

204 Stierlin Road, Mountain View, CA 94043

Tel: (650)968-0836

Languages: Spanish iyo English

Adeegyada: Kaalmo la siiyo waayeelka , qado maalin kast ah iyo gargaar kale goobaha ay ka hawl galaan waa: Mt. View, Los Altos and Los Altos Hills

Cupertino Senior Center

21251 Stevens Creek Blvd, Cupertino, CA 95014

Tel: (408) 777-3150

Luqadaha: Mandarin, Spanish iyo English

Adeegyada: Kaalmo la siiyo waayeelka, casharo, maaweelo iyo jimicsi. Qado maalina Arbacada ah.

Cubberley Nutrition Site

4000 Middlefield Rd., Palo Alto, CA 94303

Tel: (650) 329-2418

Adeegyada: Barnaamij Waayeelka iyo Nafaqeynta ah

Cypress Senior Center

403 S. Cypress Ave., San Jose, CA 95117

Tel: (408) 244-1353

Adeegyada: Barnaamij Waayeelka iyo Nafaqeynta ah



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Daryeelka Waayeelka & Dadka Waaweyn

Eastside Neighborhood Center

2150 Alum Rock Avenue, San Jose, CA 95116

Tel: (408) 251-0215

Luqadaha: Spanish iyo Tagalog

Adeegyada: Barnaamij Waayeelka iyo Nafaqeynta ah

Eastern European Services Agency

2400 Moorpark Ave. #200, San Jose, CA 95128

Tel: (408) 297-7348

Luqadaha: Bosnian, Croatian, Serbian, Albanian

Services: Barnaamij waayeelka ah iyo cashro Ingriiska ah

Evergreen Community Program

4860 Felipe Rd., San Jose, CA 95135

Tel: (408) 270-2220

Adeegyada: Barnaamij Waayeelka iyo Nafaqeynta ah

Gilroy Senior Center

7371 Hanna Street, Gilroy, CA 95020

Tel: (408) 848-0465

Nutrition Site: (408) 842-4200

Luqadaha: Spanish, Tagalog iyo Chinese

Adeegyada: Barnaamij Waayeelka iyo Nafaqeynta ah

Hank Lopez Senior Program

1694 Adrian Way, San Jose, CA 95122

Tel: (408) 926-3895

Luqadaha: Spanish

Adeegyada: Maaweelada waayeelka, cunto, badeeco iyo waraka adeegyada bulshada.

Hope Rehabilitation Services

1555 Parkmoor Ave., San Jose, CA 95128

Tel: 282-0449

Adeegyada: Barnaamij Waayeelka iyo Nafaqeynta ah

Iola Williams Community Center

2072 Lucretia Ave., San Jose, CA 95122

Tel: (408) 292-6592

Adeegyada: Barnaamij Waayeelka iyo Nafaqeynta ah

IRCC, Inc.

399 West San Carlos Street, San Jose, CA 95110-2629

Tel (408) 971-7861

Luqadaha: Vietnamese

Adeegyada: PBarnaamij loogu tala galay waayeelka ka yimid Cambodia, Laos iyo Vietnam.

Indo-American Community Service Center

3065 Democracy Way, Santa Clara, CA 95054

Tel: (408) 748-1771

Website: www.indo-american-org

Luqadaha: Hindi, Punjabi, Marath, Gujarati, Urdu, Telusu, Tamil, Kannapa.

Adeegyada: Daryeel ku salaysan dareenka dhaqan, luqo. Xarumo tilmaan iyo talo ka bixiya shaqo helista, tacliinta, maaweelada waayeelka, dhalinta iyo daka waaweyn. Barnaamij nafaqeyn ah.

Japanese American Senior Center (YU-AI-KAI)

588 N. 4th St., San Jose, CA 95112

Tel: (408)294-2505

Adeegyada: Barnaamij Waayeelka iyo Nafaqeynta ah



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Daryeelka Waayeelka & Dadka Waaweyn

Jewish Family Services

14855 Oka Rd., Los Gatos, CA 95020

Tel: (408) 358-3636

Adeegyada: Barnaamij Waayeelka iyo Nafaqeynta ah

Korean-American Community Services

1800 B Fruitdale Ave., San Jose, CA 95128

Tel: (408) 920-9733

Luqadaha: Korean

Adeegyada: Barnaamij Waayeelka iyo Nafaqeynta ah

La Comida of Palo Alto

450 Bryant St., Palo Alto, CA 94303

Tel: (650) 327-2811

Adeegyada: Barnaamij Waayeelka iyo Nafaqeynta ah

Milpitas Senior Center

160 N. Main St., Milpitas, CA 95035

Tel: (408) 942-2476

Nutrition Program: (408) 942-2477

Language(s): Mandarin, Cantonese, Japanese, Vietnamese iyo Spanish

Adeegyada: Barnaamij Waayeelka iyo Nafaqeynta ah

Mountain View Nutrition Site

266 Escuela Ave., Mountain View, CA 94040

Tel: (650) 903-6330

Adeegyada: Barnaamij Waayeelka iyo Nafaqeynta ah

Mt Madonna YMCA Senior Citizen Center

17666 Crest Avenue, Morgan Hill, CA 95037

Tel: (408) 776-0111



Ma rabta war dheeri ah? Ka la xiriir xafiiska SIREN's ee ka caawiya socotada xagga macluumaadka , weydii wixii war cusub ama barnaamijyada jira, khadkoodu telefon wuxu furan yahay Is-Ji 10am - 4pm, luqado kala duwanna way ku hadlaan. Sida: Spanish- (408) 286-1698 Vietnamese- (408) 286-1448 Farsi- (408) 286-5680 x108 Chinese- (408) 286-5680 x109

Barnaamijka nafaqeynta: (408) 779-1413

Luqadaha: Cantonese, Filipino, Italian, Japanese iyo Spanish.

Adeegyada: Barnaamij Waayeelka iyo Nafaqeynta ah

North Side Community Center

488 N. Sixth Street, San Jose, CA 95122

Tel: (408) 271-7315

Luqadaha: Taglog

Adeegyada: Barnaamij Waayeelka iyo Nafaqeynta ah

Older Women's League of Santa Clara County Inc.

National Office

666 11th Street, NW, Suite 700, Washington, DC 20001

Tel: 1-800-825-3695

Santa Clara

Tel: (408) 270-4525

Adeegyada: Waxay u doodaan haweenka da' dhexe si ay u helaan daryeel dhaqaale, caafimaad, lagana daa takoorka iyo xad-gudubka marka ay sii weynaadaan. Waxa ay abaabulaan dodo, aqoon isweydaarsiyo iyo hawlo kale oo bulsho.

Portuguese Community Center (POSSO)

1115 East Santa Clara Street Suite #A, San Jose, CA 95116

Tel: (408) 923-0877

Website: www.service.com/posso

Luqadaha: Portuguese

Adeegyada: Barnaamij Waayeelka iyo Nafaqeynta ah

Santa Clara Senior Center

1303 Fremont St., Santa Clara, CA 95050

Daryeelka Waayeelka & Dadka Waaweyn

Tel: (408) 615-3170

Adeegyada: Barnaamij Waayeelka iyo Nafaqeynta ah

Saint James Senior Center

199 3rd St., San Jose, CA 95112

Tel: (408) 297-3338

Adeegyada: Barnaamij Waayeelka iyo Nafaqeynta ah

Salvation Army

359 N. 4th St., San Jose, CA 95112

Tel: (408) 282-1165

Adeegyada: Barnaamij Waayeelka iyo Nafaqeynta ah

Santa Clara Senior Center

1303 Fremont Street, Santa Clara, CA 95050

Tel: (408) 615-3170

Luqadaha: English

Adeegyada: Kaalmo la siiyo waayeelka , nafaqeyn
Insiinta ilaa Jimcaha, guri u daryeel, tacliinta dadka
waaweyn, maayeelo iyo maareyn arrimaha waayeelka.

Self-Help for the Elderly

1818 Scott Boulevard, Santa Clara, CA 95050

Tel: (408) 246-8790

Luqadaha: Mandarin iyo Cantonese

Adeegyada: Barnaamij Waayeelka iyo Nafaqeynta ah

Self-Help for the Elderly- Campbell

940 South Valley Rd., Cupertino, CA 95014

Tel: (408) 873-4200

Adeegyada: Barnaamij Waayeelka iyo Nafaqeynta ah

Southside Community Center

5585 Cottle Rd., San Jose, CA 95123

Tel: (408) 629-9606

Adeegyada: Barnaamij Waayeelka iyo Nafaqeynta ah

Sunnyvale Community Services

810 W. McKinley Ave., Sunnyvale, CA 94086

Tel: (408) 738-4321

Luqadaha: Bankiga luqadaha ayaa la halaa.

Adeegyada: Kaalmo waayeelka laga siiyo arrimaha
adeega, barnaamij cunto bil kasta, cunto dadka aan
hoyga lahayn, kaalmo xagga ijaarka iyo nalka iyo
biyaha, lacagta maaweelada oo laga dhaafo degaanka
Sunnyvale, tilmaan iyo talo siin , Maareynta
arrimahooda.: Degmada Sunnyvale oo dhan.

Sunnyvale Nutrition Site

535 Old San Francisco Rd., Sunnyvale, CA 94086

Tel: (408) 739-0833

Adeegyada: Barnaamij Waayeelka iyo Nafaqeynta ah

Vietnamese American Cultural and Social Council

611 North 13th Street, San Jose, CA 95112

Tel: (408) 971-8280 Fax: (408) 971-8285

Website: www.vietnam.org

Luqadaha: Vietnamese

adeegyada: Barashada Afka Ingriiska, cashro Jinsid
qaadashada ah, iyo daryeelka wayeelka.

Vietnamese Voluntary Foundation (VIVO)

2260 Quimby Rd., San Jose, CA 95122

Tel: (408) 532-7755

Luqadaha: Vietnamese

Adeeyaga: Barashada Afka Ingriiska, cashro Jinsid
qaadashada ah, iyo daryeelka wayeelka.

West Valley Japanese-American Senior Center

1545 Teresita Dr., San Jose, CA 95129

Tel: (408) 253-0458



Ma rabta war dheeri ah? Ka la xiriir xafiiska SIREN's ee ka caawiya socotada xagga macluumaadka , weydii wixii war
cusub ama barnaamijyada jira, khadkoodu telefon wuxu furan yahay Is-Ji 10am - 4pm, luqado kala duwanna way ku hadlaan. Sida:
Spanish- (408) 286-1698 Vietnamese- (408) 286-1448 Farsi- (408) 286-5680 x108 Chinese- (408) 286-5680 x109

Daryeelka Waayeelka & Dadka Waaweyn

Luqadaha: Japanese

Adeegyada: Barnaamij waayeelka Japanka ah oo kaliya.

West Valley Nutrition Site

6191 Bollinger Rd., Cupertino CA 95014

Tel: (408) 996-7210

Adeeyada: Barnaamij Waayeelka iyo Nafaqeynta ah

Willow Senior Center

2175 Lincoln Ave., San Jose, CA 95125

Tel: (408) 978-8029

Adeeyada: Barnaamij Waayeelka iyo Nafaqeynta ah

