



**D**egmada Santa Clara County jidadka caanka ah ee gaadiidku maro waa kuwa hoos ku xusan. Haddaba jadwalkoodu uu kal duwan yahayb maalaha caadiga ah iyo kuwa isbuuca dhammaadkiisa iyo feestooyinka. Adeega Caltrain/Amtrack iyo BART waa gaadiidka dhammaan mandaqadda Bay Area.



## Sidee aan u heli karaa tilmaanta halka aan doonayo inaan tago?

Caltrain iyo VTA waa la waci karaa si ay kuu siiyan warka jidga iyo waqtiga gelisata iyo bixidta gaadiidka meesha aad doonayso. Labada ururba boosta ayay kuugu soo diri karaan naqshadda maabka iyo jadwalka haddii aad codsato.

## Waalidintay oo da' ah waxay inta badan tagaan dhakhtarka, aniguna mar kasta ma qaadi karo. Maxa yeelaa?

OUTREACH waa urur gargaara gaadiid siin dadka naafada ah iyo kuwa da'da ah heer kastan ha ahaado dakhligoodu, si ay u soo dukaansadaan ama dakhtarka u tgaan. OUTREACH waxa kale oo uu gaadiid siiya shaqada ay ku tagaan dadka ka tirsan barnaamijka CalWORKS ee u baahan. OUTREACH waxa kale ee uu siiya adeegoyo kale dadka naafada ah iyo kuwa da'da ah.

## ARIS of Santa Clara County (AIDS Resources and Information Services)

380 N. 1<sup>st</sup> St., San Jose 95112

Tel: (408)293-2747

Website: [www.aris.org](http://www.aris.org)

Luqadaha: Spanish, English, Hindi, Tagalog

Adeegyada: Nafuqeyn iyo guriyeynta, koobist waxyeellada HIV (Aydiska), guryaha lacagta yar loo raadiyo dadka uu naafeeyay Aydiku, ee guriyaha la' ama halista ugu jira inay guri waayaan, qof -qof kale wehel uga dhig, u doodis iyo talo siin dadka dulman.

Shir u sameyn kuwa taageera dadka qaba AIDS/HIV taageero qoysaskoodu iyo saaaxiibadood, taageero haweenka aydiska qaba (Haweenka qaba HIV iyo AIDS, Dhaliyarta (16-25 sano) qabta HIV, waalidkadamka qaba HIV, dadka u buka AIDS iyo kuwa laga helo cudurka HIV, aiyo dadka ku dhow dadka laga helo cudurka HIV), waxay ku caawiyaan cunto bisil oo nafaqo leh bishiiba hal mar oo la siiyo cunto dadka qaba cudurka HIV AIDS, wacyi gelin sida loo qaado loona tebiyo AIDS yaraynta khatarta AIDSka. Busaska VTA ayaa taga goobahooda.

## Caltrain

Xarumaha ay ku leeyhii Santa Clara County:

**Palo Alto Station/** University and El Camino Real

**Mountain View Station/** Evelyn at Castro Street

**Sunnyvale Station/** Evelyn at Mathilda Ave.

**Lawrence Station/** at Lawrence Expwy

**Santa Clara Station/** El Camino at Campbell Ave.

**San Jose-Diridon Station/** Cahill at Santa Clara St.

**Tamien Station/** Alma at Lick Ave.

Tel: 1 (800) 660-4287

dadka maqalkoodu liito: TDD (650) 508-6448

Website: [www.caltrain.com](http://www.caltrain.com)

Luqadaha: Spanish aiyo English

Adeegyada: Bay Area Rapid Transit (BART) isku xirka, Bay Area Transit Agency Information, rail, bus, iyo hawada, isku xirka SamTrans iyo khadka VTA, VTA Light Rail isku xirka Mountain View. Meel ay ka fuulaan dadka naafada ah ama kursiga-ku-socda.



**Outreach, Inc.**

97 East Brokaw Road, Suite 140, San Jose, CA 95112  
Tel: (408) 436-2865  
TDD Only: (408) 436-0155

Luqadaha: Awood turjumaad ayay leeyihiin.

Adeegyada: Diyaarinta gaadiidranges iyo gargaar wax la qabasho dadka waayeelka ah, waaweyn iyo naafada. Dadkka ka tirsan barnaamijka CalWORKs ee degmada Santa Clara County dhexdeeda..

**Valley Transportation Authority (VTA)**

2 N. First Street, San Jose, CA, 95113  
Tel: (408) 321-2300  
TTY/TDD: (408) 321-2330  
Toll Areas: 1(800) 894-9908  
Website: [www.vta.org](http://www.vta.org)

Luqadaha: Spanish iyo Vietnamese.

Adeegyada: Valley Transportation Authority waxay siiyaan macmiisha naqashad lacag la'aan ah, oo mujisa khadka gaadiidkooda. Adeega macmiisha ayaad warsan kartaa xiliga, khadka iyo lambarka taga goobta aad doonayso.

