



**D**egmada Santa Clara County, waxa ka jira ballan u dhexeeya dawladda iyo maamulka deegaanka in la hor joogsada isu dulqaadasho la'aanta (intolerance). Waxa aynu nahay bulsho isku dhafan oo ku faanta kala duwanaanshada ballaaran iyo waxtarka uu dhaqan waliba keeni karo. Sababtaas awgeed dembiyada iyo falalka is-nacaybku waxay ka soo hor jeedaan sharciga. Arrimaha hoose ayaa tilmaamaya dembiyada is-nacaybka



## Waa maxay dembiga is-nacaybku?

Dembiyada is-nacaybku wa kuwa falalka lagula kaco qof naftiisa ama hantidiisa, ayadoo is ula kac ah loo raadsaday qofkaas sababtuna tahay isirkiisa, midabkiisa, diintiisa, halak uu ka soo jeedo, lab iyo dhig wuxu yahay, wax uu xiiseeyo, da' ama naafonimadiisa.. Noocayad dembi waa gardarootin xeerka degmada iyo gobolka California dacwad lagu qaado:

- Wax yeello la gaar ssiyo hantida qofka,
- Boob iyo dhac,
- Hujuum,
- Cabsi-gelin,
- Shaqaaqo,
- Dhibis,
- Af-lagaaddo,
- Gubis,
- Dil,
- Dhaawac iyo
- Cago-jugleyn

## Maxa dhacdo is-necbcaasha ah?

Dhacdo is-nacayb waxa ka mid falalka aan dembiga ahayn ee

- Dicaayadda,
- War jeedinta,
- Banaan baxyada

Faafinta wax yaalo qoraal ah oo si ula kac loo la jeedo in lagu af-lagaadeeyo qof ama koox isirkooda, midabkooda diintooda iyo meesha ay ka soo jedaan, laba iyo dhig midka ay yihiin, naafanimi iwm

## Maxaa ila guboon haddii aan rumasanahay inaan dhibane gaf is-nacaab ahay?

Haddii aad aaminsan tahay inaad tahay dhibani arrin is-nacayb darted ama aad marag haysato:

- Wac Boliska
- La xiriir ururada qeybtan ku qoran
- Raadso daaweyn haddii dhaawac jiro
- Qoraal ka dhig erayada dhab ahaan la isticmaalay markii lagu weerar
- Sawir ka qaad hantida la burburiyay
- Xafid wixii caddeyn ah ee aad hayso, si loo adeegsa in dembiilaha loo qabto.

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**Dadka oo dhammi waxay leeyihiin "XUQUUQ ADAMI" inay ku noolaadaan bulsho ka xor ah nacayb.**

**Soo sheeg dhacdada ah "DEMBIGA NACAYBKA"**

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## **Bolisku ma i caawinayaan haddii demdiga nacayka laygula kaco?**

MQeybaha Boliska badankoodu waxa loo tababaraa inay gartaan dhacdada iyo fal dembiyeedka nacaybka, si txgelin lehna ay uga jawaaban. Warso sarkaalka boliska cidda kale ee sharciga fulinta kormeerka leh usbucyada soo socda.

## **Maxa kale ee aan samayn karaa haddii aan ahay dhibane falkaas loo geystay?**

Arrimaha ale ee kuu furani waxa ay yihiin inaad looyar qabsato si aad u dacweyso qofka weerarka kuu geystay. Waxa kale oo aad cabsasho u gudbin kartaa Department California Department of Fair Employment and Housing by contacting them at: 1-800-884-1684.

*Ujeedda qoraalkani waa inaad ka war qabto qaabka sharcigu yahay. Haddii aad rabto nooc gaar ah oo sharciga ah, waa inaad la tashato looyar.*



**24 Hour Anti-Hate Hotline**  
408.279-0111

**AAUW-San José Chapter**  
Tel: (408) 294-2430 or 408.378-7539

**Anti-Defamation League (ADL)**  
Tel: (800) 600-1133 or (415) 981-3500  
[www.adl.org](http://www.adl.org)

**African American Community Services**  
Tel: (408) 292-3157  
<http://sjaacsa.org/>

**Alliance of African American Community Organizations**  
Tel: (408) 238-7569

**American Arab Anti-Discrimination Committee-Bay Area Chapter**  
Tel: (202) 244-2990

**American Muslims for Global Peace and Justice**  
Tel: (408) 988-1011

**Asian Law Alliance**  
Tel: (408) 408.287-9710  
[www.asianlawalliance-ala.org](http://www.asianlawalliance-ala.org)

**Asian Americans for Community Involvement**  
Tel: (408) 848-1265  
<http://www.geocities.com/coin8002/aaci/index.html>

**Council on American Islamic Relations-Silicon Valley Chapter**  
Tel: (408) 986-9874  
<http://www.cair-net.org>

**Islamic Networks Group**  
Tel: (408) 296-7312  
[www.ing.org](http://www.ing.org)

**Jewish Community Relations Council of Greater San José**  
Tel: (408) 358-3033 x30

**National Association for the Advanced of Colored People (NAACP), San Jose**  
304 N. 6<sup>th</sup> St., San Jose CA 95112

Tel: (408) 369-4032

**National Conference for Community and Justice**  
Tel: (408) 286-9663  
<http://www.nccj.org/>

**Office of Human Relations**  
Tel: (408) 299-2206 x 2304

**San José Peace Center**  
408.297-2299

**Services, Immigrant Rights and Education Network (SIREN)**  
Wakaaladda Immigrant Q & A Information Line at SIREN ayaa diiwan geliya wixii dhacdo ama fal dembiyeed nacaybka ah oo u sii gudbiya ururka Hate-Free Community Program:



# Dembiyada & Dhacdooyinka Isnacaybka

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- (408) 286-1698 (Spanish/English)
- (408) 286-1448 (Vietnamese/English)
- (408) 286-5680 x108 (Farsi/English)
- (408) 286-5680 x109 (Chinese/English).

