Asian Americans for Community Involvement (AACI) Senior Center

www.aaci.org
(408) 975-2730

Culturally proficient advocacy, services and programs addressing community, health, recovery, and shelter, needs of seniors. Chinese, Vietnamese and other Asian languages.

Bill Wilson Center, The Centre for Living with Dying program provides emotional support to adults and children facing life-threatening illness or the trauma of having a loved one die. The Centre also provides crisis intervention services and broad-based educational programs on grief and loss.

Other services: community education I Crisis Line: (408) 850-6125
https://www.billwilsoncenter.org/services/all/living.html

County of Santa Clara Senior Nutrition Program

The Senior Nutrition Program provides high quality, cost efficient, nutritious meals to seniors and promotes the role of nutrition in preventative health and long term care. Meal locations and Meals on Wheels.
https://www.sccgov.org/sites/ssa/daas/snp/Pages/contact.aspx
408-975-4860

Catholic Charities Santa Clara County Eastside Neighborhood Center

2150 Alum Rock Ave
San Jose, CA 95116
(408) 251-0215

Educational, recreational, wellness, nutritional, and social services. English, Spanish, Tagalog

https://www.catholiccharitiesscc.org/eastside-neighborhood-center

2-1-1 Santa Clara County

www.211scc.org

Dialing code for free, non-emergency, community, health and disaster information in Santa Clara County.

AARP Social Connectedness

Digital resources for seniors, voice-assisted search for local services, neighborhood resources
https://connect2affect.org/

County of Santa Clara In-Home Supportive Services

https://www.sccgov.org/sites/ssa/daas/ihss/Pages/ihss.aspx
353 West Julian Street I San Jose, CA 95110 I (408) 792-1600
Assistance is provided to those eligible aged, blind, and disabled individuals who, without this care, would be unable to remain safely in their own homes.

County of Santa Clara Adult Protective Services

Adult Protective Services is mandated by the State of California, Welfare and Institutions code to receive and investigate reports of abuse or neglect regarding elders (anyone age 65 or older) or dependent adults (ages 18 to 64 who because of mental or physical disability are unable to protect themselves and advocate on their own behalf). Adult Protective Services is available to respond to urgent situations 24 hours a day, 7 days a week.

Catholic Charities Santa Clara County John XXIII Multi Service Center

Social services, wellness and health, senior education, and senior nutrition for people age 60 and over. Bilingual assistance is available in English, Vietnamese, Mandarin, Cantonese, and Spanish.
195 East San Fernando Street, San Jose, CA 95112
(408) 468-0100

https://www.catholiccharitiesscc.org/john-xxiii-multi-service-center

Ethiopian Community Services

1295 Johnson Avenue
San Jose, CA 95129
408-297-7638
info@ecssanjose.org I http://www.ecssanjose.org/contact-us

Senior Programs:
• Health • Cultural Proficiency • Information & Resources • Education • Immigration • History & Culture • Advocacy
Eritrean Community Center
Santa Clara, CA 95050
http://www.eritreancommunity.org/
(408) 900-9457
info@eritreancommunity.org
Programs: senior seminars on aging, adult community education, advanced Tigrinya language, immigration issues, computer classes and job training resources

Korean American Community Services
Senior wellness program, ESL classes, senior nutrition program, transportation
1800-B Fruitdale Ave., San Jose, CA 95128
(408) 920-9733/4 info.kacssv@gmail.com https://www.kacssv.org/
M-F 9:00 AM - 5:00 PM Korean

ON LOK
Lifeways PACE Program
A comprehensive health plan that provides long-term care and housing for eligible seniors living in San Francisco, Fremont, Newark, Union City or Santa Clara County. The program offers full medical care and support services with the goal of helping seniors live at home and in the community for as long as possible.
(415) 292-8888; (415) 292-8898 (for the hearing impaired) https://www.onlok.org/contact/

PARS EQUALITY CENTER
http://www.parsequalitycenter.org/sj-center
1635 The Alameda, San Jose, CA 95126
(408) 261-6401
The silver club was designed to reach the Persian speaking Immigrants ages 55 and wiser who live in isolation and disconnect due to language, cultural, and financial barriers

Senior Adults Legal Assistance (SALA)
SALA is a non-profit elder law office whose mission is to support older persons in their efforts to live safely, independently, non-institutionalized, and with dignity. Appointments and home visits. Urgent matters: elder abuse, termination of public benefits, Sheriff’s evictions.
1425 Koll Circle, Suite 109 I San Jose, CA 95112 I (408) 295-5991 http://s393914827.initial-website.com/

Jewish Family Services
14855 Oka Road, Suite 202, Los Gatos, CA 95032
(408) 556-0600 jfs@jfssv.org avitala@jfssv.org
https://www.jfssv.org/agaging-with-dignity-services.html
Aging with Dignity Program:
Assessment and care planning to ensure a safe, yet independent lifestyle
Family consultation service to help with aging family members
Caregiver support
Friendly visitors
Kosher food for Jewish holidays

Live Oak Senior Day Care Centers
Live Oak Adult Day Services
has 4 full-time adult day care centers for seniors residing in Santa Clara County.
http://liveoakadultdaycare.org/
(408) 971-9363
Materials translated in multiple languages.

PHLEX65’s goal is to create a supportive system for individuals 60+ years and/or their families and to be a force for progressive change in creating an engaged community that will use the PHLEX65 app on the smartphone or Android and iOS (Apple) devices to locate and hire professional home care aides.
https://phlex65.com/about/

Portuguese Organization for Social Services & Opportunities POSSO
Social, recreational, cultural and educational activities as well as mobilizing support for other community programs; Escort Program, Club 60, nutritional programs, wellness programs, active life, walk with ease, tax assistance
1115 East Santa Clara Street I San Jose, California 95116
(408) 293-0877
https://www.portuguesecenter.org/senior-programs/

Senior Adults Legal Assistance (SALA)
SALA is a non-profit elder law office whose mission is to support older persons in their efforts to live safely, independently, non-institutionalized, and with dignity. Appointments and home visits. Urgent matters: elder abuse, termination of public benefits, Sheriff’s evictions.
1425 Koll Circle, Suite 109 I San Jose, CA 95112 I (408) 295-5991 http://s393914827.initial-website.com/

Silicon Valley Healthy Aging Partnership
http://www.svhap.org/other-programs/senior-centers/

Santa Clara County Senior Centers
http://www.svhap.org/other-programs/downloads/
<table>
<thead>
<tr>
<th><strong>Self-Help for the Elderly</strong></th>
<th><strong>Silicon Valley Independent Living Center (SVILC)</strong></th>
</tr>
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<tbody>
<tr>
<td>Assistance and support to seniors in the San Francisco Bay Area. Health and home care, senior housing, employment services, social services, nutrition, home cleaning, English, leadership and computer classes.</td>
<td>Serves people with all types of disabilities, including seniors with disabling conditions, who live in Santa Clara County. Independent living skills training, personal care, assistive technology, I &amp; R, community transition, housing search.</td>
</tr>
<tr>
<td><a href="https://www.selfhelpelderly.org/san-jose">https://www.selfhelpelderly.org/san-jose</a></td>
<td>25 N. 14th St., Suite 1000, San Jose, CA, 95112 (408) 894-9041 7881 Church Street Suite C, Gilroy, CA, 95020 (408) 843-9100 <a href="mailto:info@svilc.org">info@svilc.org</a> <a href="https://www.svilc.org/index.php/about-us/contact-us">https://www.svilc.org/index.php/about-us/contact-us</a></td>
</tr>
<tr>
<td>South Bay Community Center 南灣康樂中心</td>
<td>550 East Remington Drive, Sunnyvale, CA 94087 (408) 733-1883</td>
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<tr>
<th><strong>Yu Ai Kai, Japanese-American Community Senior Service</strong></th>
<th><strong>Vietnamese Voluntary Foundation (VIVO)</strong></th>
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<tbody>
<tr>
<td>Social services, social, interaction, structured activities including music, games, art, gentle exercise, wellness activities, health screening, nutritious snacks and hot lunch</td>
<td>Computer training tailored to older Vietnamese Americans</td>
</tr>
<tr>
<td>588 N. 4th Street 588 N. 4th Street San Jose, CA 95112, (408) 294-2505</td>
<td><a href="https://www.vivousa.org">https://www.vivousa.org</a></td>
</tr>
<tr>
<td><a href="http://yuaikai.org/">http://yuaikai.org/</a></td>
<td><a href="mailto:info@vivousa.org">info@vivousa.org</a> 2296 Quimby Road San Jose, CA 95122 <a href="https://www.vivousa.org">https://www.vivousa.org</a></td>
</tr>
</tbody>
</table>

**Visit** [www.sccoir.org](http://www.sccoir.org) for more information.